The monthly newsletter of St. Nicholas Greek Orthodox Church–Tacoma, Washington

Volume 35 Number 4 April 2020





HOPE in the Kingdom! Suffering and Joy in the Heart

S oon we will be beginning the second month of our "shelter in place" way of life. For those of us stuck at home, we are beginning to feel the fatigue and frustration. For others, it is worse: some have lost their jobs; others are living under the constant fear that their job may not be there for very much longer. Even worse, many Americans lie in hospitals around the country: on ventilators, life-support, and whose families endure the agony of not even being able to be with them in their hospital rooms. Finally, there are many whose souls have left this life altogether, and are journeying into the next, having succumbed to the coronavirus attack.

It is a stressful and fearful time. The question will be: what is our response? That is indeed the burning question everyone must face. Unprecedented suffering, on a national level, is certain to do one thing, and that is that it will remove the veil from our hearts. What is under the surface when we pull away that veil?

Therefore beloved brothers and sisters of St Nicholas, our response is summed up by one word: hope. Hope, yes, that our hard working scientists and medical experts will find a vaccine or other treatments. But more importantly, it is a living hope in that



kingdom which is to come; hope in the all-merciful God who sees us suffering, and pours out immeasurable grace to each. He is not a God who delights in our suffering, but rather a God who personally took that suffering upon Himself, incarnate on the Cross. Cover Story continued on page 22

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COVID-19 Impact to St. Nicholas

Under a State of Washington directive, we are unable to meet at the church for services, gatherings, and meetings. This policy is in place until April 6 and will be reevaluated as that date approaches. Services, however, are performed at the church by Fr. Seraphim.

You Can Watch Services Live at Home

Any device that can connect to YouTube allows you to watch live services from St. Nicholas, including the Sunday Divine Liturgy. This is completely free of charge and begins Sunday March 29. Here's how to do it:

1. Easiest way, simply click <u>here</u>. If there is a service underway, press the LIVE NOW button. You will see and hear the service. More details and options on page 5.

St Nicholas Greek Orthodox Church

1523 S Yakima Ave Tacoma, WA 98405

Phone: 253-272-0466 Parish Website: <u>stnicholastacoma.org</u> E-Mail: mail@stnicholastacoma.org Office Hours: Tuesday—Friday 10:00 am - 3:00 pm



Sunday Services

8:45 am Orthros 10:00 am Divine Liturgy

Please join us for Social/Coffee Hour in our downstairs hall, following the Divine Liturgy



Fr. Seraphim Majmudar, Our Presiding Priest

For appointments, questions or urgent needs, Fr. Seraphim is available 24/7 on his cell phone. Fr. Seraphim's Cell phone: 253-365-5817

> Office Hours at St Nicholas Thursdays 9:00am - 12:00 noon Email: <u>frseraphimm@gmail.com</u>

Saint Nicholas Messenger is the official monthly newsletter of the St. Nicholas Greek Orthodox Church of Tacoma Washington



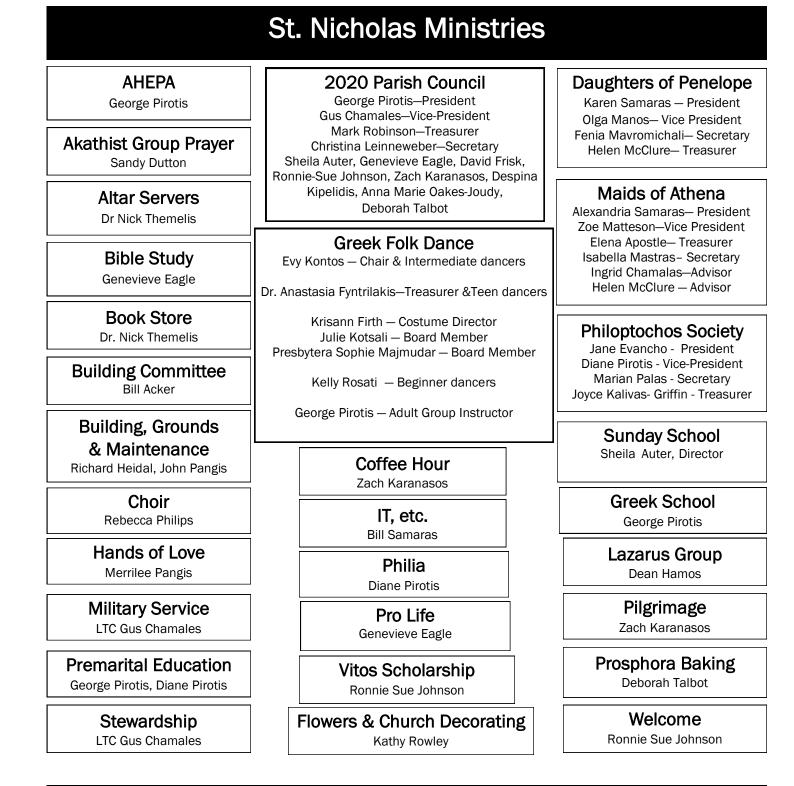
Editor: Bill Samaras/Carol MartinOki

Media team: Paula Karanasos, Rebecca Primis, Fr. Seraphim, Roxanne Vallantine

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Submit content, comments, or corrections, addressed to the Editor at *mail@stnicholastacoma.org* All contents copyright © 2019, 2020 St. Nicholas Greek Orthodox Church—Tacoma, Washington

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Parish Council

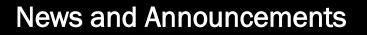
April Parish Council meeting to be announced..

			~ April 2020 ~			
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			Fast: Wine & Oil ok	Fast: Wine & Oil ok	Fast: Wine & Oil ok	Fast: Wine & Oil ok
			Mary of Egypt	of the Great Canon of St	Matrona of Thess.	Saturday of the Akathist
			5:30pm-6:30pm Presauctified	Andrew Andrew 6-00-2 men of C+	10:00am-11:00am Bible Study:	8:00am-9:00am Divine Liturgy
			7:00pm-8:00pm Lenten Study:		5:30pm-6:30pm Presanctified	
				-6:30pm Presanctified	Liturgy	
				Liturgy	7:00pm-8:00pm Akathist Service to	
	4		c		the Theotokos	
					10	
Fast: Wine & Uil ok		Kalliopios & Akylina	Kutus the Obedient		Gregory the V, Pat of C, nople	Baptisms & Chrismations
Sun of St Mary of Egypt	STRICT FAST	STRICT FAST	STRICT FAST	Vadin of Persia	STRICT FAST	Fast: Wine, Oil & Caviar ok
8:45am-10:00am Orthros	6:30pm-7:30pm Choir Rehearsal	6:30am-7:30am Orthros	5:30pm-6:30pm Presanctified		6:30am-7:30am Orthros	Lazarus Saturday
10:00am-11:00am Divine Liturgy		10:00am-11:00am Bible Study	Liturgy		5:30pm-6:30pm Presanctified	9:00am-10:00am Orthros
		5:30pm-6:30pm Paraklesis to St	6:30pm-/:30pm Orriss Memorial		Liturgy	10:00am-11:00am Divine Liturgy
		Nikiphoros the Leper (for Proj 2020)				11:30am-12:30pm Palm Tying &
		7:00pm-8:00pm Building Committee				
12	13	14	15	16	17	18
FAST: Fish, Wine & Oil ok	Holy Monday	Holy Tuesday	Holy Wednesday	Amphilokios of Patmos	Holy Friday	Fast: Wine (no oil)
Palm Sunday	STRICT FAST	STRICT FAST	STRICT FAST	Fast: Wine & Oil ok	STRICT FAST	Holy Saturday
8:45am-10:00am Orthros		6:30am-7:30am 1st Hour &	6:30am-7:30am Presanctified	Holy Thursday	8:00am-10:00am Royal Hours	10:00am-12:30pm Vesperal Liturgy
10:00 am-11:00 am Divine Liturgy	2	Reading of Gospel of John: Ch 8-	_	9:00am-10:00am Orthros	11:00am-1:00pm Kouyouklion	of St Basil
12:00pm-1:00pm Philoptochos	5:30pm-6:30pm Presanctified	14 10-00am-11-00am No Rible Study	7:45am-8:30am Reading of Gospel of Johns of 15:48	2:00pm Vesperal Liturgy	Decorating	12:30pm-2:30pm Church Flower
Fish Dinner: IENIATIVE ONLY	0-00m Dridozroom	This Week	7-00mm 0-00mm Holv Illinoiton		3:00pm-4:00pm Descent from the	g ofortand mc00-01 molecular
7:00pm-8:00pm Bridegroom	7.00pm-6.00pm bridegroom	5:30pm-6:30pm Presanctified	1. Wpm-6. Wpm Holy Uncuon	_	Cross Vespers 7-00mm 0-21mm/1-mont-tione	Divine Liturav
ALBUQS.		3:00pm Bridegroor	o.uupin-9.uupin No Caoir	7:00pm-8:00pm Passion Gospels	(Holy Sat Orthros)	
01		Orthros.	66	23		36
8 42:00	the Manufact.	Distriction		ate Three days	24 Detertion of the Chine Control	C2
Divine Liturgy	EAST FREE WEEKI	Dright Luesody FAST FREF WEFK!	EAST FREE WEEKI	Bright Inursday FAST FREF WEFKI	Bright Friday. Life Giving Spring FAST FRFF WFFKI	Aposue mark Rrinht Saturday · Darish Feast of
FAST FREE WEEK!	Divine Liturav at	Nicholas. Irene & Raphael of	schal Vespers:	a	6:30am-7:30am Divine Liturov	Holy Res.
PASCHA	Wilkeson	Lesvos				FAST FREE WEEK!
8:45am-10:00am Orthros	30pm Paschal Vespers &	6:30am-7:30am Divine Liturgy	7:30pm-8:30pm Evening Liturgy:			10:00am-11:00am Liturgy at Holy
1:00pm-2:00pm Agape Vespers		10:00am-11:00am No Bible Study	Stueorge			Kesurrection
2:00pm-3:00pm Lamb Dinner	TONIGHT	l his Week 5:30pm-6:30pm Paschal Vespers &				
		Orthros				
26		28		30	Notes:	
I homas Sunday (Antipascha)		Memnon the Wonderworker	Apostles Jason & Sosipater	Ap James, Brother of John		
8:45am-10:00am Orthros	NO SERVICES THIS WEEK: P2020 WORK REGING	NO SERVICES THIS WEEK: P2020 WORK REGINS	Fast: Wine & Oil ok	Ignatii Brianchaninov		
10:00am-11:00am Divine Liturgy 11:30am-12:30pm Project 2020	NO CHOIR	10:00am-11:00am No Bible Study	NO SERVICES THIS WEEK: P2020 WORK BEGINS	NO SERVICES IHIS WEEK: P2020 WORK BEGINS		
Groundbreaking Ceremony (tent.)	TONIGHT	This week 11-00-m 12-00 mm Er at Vicariate		5:00pm-6:00pm WOCA Clergy		
		Clergy Koinonia, Group				

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Live services

Continued from page 1

More ways to watch live services...

2. Watch on any device. Open **YouTube** (you may have to start a browser like Chrome). In the YouTube search bar, type; St Nicholas Tacoma



St. Nicholas Greek Orthodox Church Tacoma 40 subscribers + 2 videos

Click on this selection;

If a service is being broadcast, click the **LIVE NOW** button.

3. Some TV's allow direct connection to YouTube. You can connect as above.

4. Go to the St. Nicholas web page; <u>www.stnicholastacoma.org</u>. Click the link on the live stream option front page.

5. You can type this web address in to any browser search bar.: <u>https://www.youtube.com/channel/UCW51AwBSg5hyV0QzHJszMQw?view_as=subscriber</u>

Note: Live services are not recorded. To see a live service, you have to watch while the service is happening.. Consult the parish calendar on page 4, or check the calendar on the St Nicholas web page for service start time.

Special thanks to Alex Joudy for contributing his expertise with live streaming.

bill samaras—

2020 Festival Update

The Festival Committee is moving forward full steam ahead. Although everyone has virus concerns on their minds, it is premature to make any decisions about adjusting the Festival. The Festival dates are October 2, 3 & 4. This years' Outreach charity is "Pathway Home" of Tacoma.

At this time, we're assuming baking will commence in June. Commodities for baking are non-perishable and will be purchased.

This year, we'll have Saturday baking to allow folks to contribute that aren't available during the week. These dates are 27 June, 18 July, and 25 July. See page 18 of the Stewardship Ministry report for more details fo Saturday baking.

See the new Festival Flyer on page 32

bill samaras—

Messenger Editing and Publication

Special thanks to Carol MartinOki, our parish Office Manager, who contributed immensely to this issue of Messenger. Her assistance is an enormous asset and greatly appreciated.

bill samaras—

News and Announcements

4 GOSPELS IN 40 DAYS

There are a total of 89 chapters in the four Gospels, some shorter and some longer. For those so inspired, below is a schedule to fully read the Books of Matthew, Mark, Luke and John during the 40 days of Great Lent, with the intent to roughly balance out the amount of reading there would be each day. A sign-up sheet will be placed in the Lower Hall for those who would like to receive the daily Gospel reading via e-mail. **YOU CAN DO IT!** You will feel so good knowing that you have read all four Gospels!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	March 2	March 3	March 4	March 5	March 6	March 7
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
	Matthew	Matthew	Matthew	Matthew	Matthew	Matthew
	1 thru 4	5&6	7 thru 9	10 & 11	12 & 13	14 thru 17
March 8	March 9	March 10	March 11	March 12	March 13	March 14
Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13
Matthew	Matthew	Matthew	Matthew	Matthew	Mark	Mark
18 thru 20	21 thru 23	24 & 25	26	27 & 28	1&2	3&4
March 15	March 16	March 17	March 18	March 19	March 20	March 21
Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20
Mark	Mark	Mark	Mark	Mark	Mark	Luke
5 & 6	7 & 8	9 & 10	11 & 12	13 & 14	15 & 16	1
March 22	March 23	March 24	March 25	March 26	March 27	March 28
Day 21	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27
Luke	Luke	Luke	Luke	Luke	Luke	Luke
2&3	4 & 5	6&7	8&9	10 & 11	12 & 13	14 thru 16
Marsh 00	Marsh 20	March 24	Anneil d	Anvil O	Ameril O	A muil A
March 29	March 30	March 31	April 1	April 2	April 3	April 4
Day 28	Day 29	Day 30	Day 31	Day 32	Day 33	Day 34
Luke	Luke	Luke	Luke	John	John	John
17 & 18	19 & 20	21 & 22	23 & 24	1 thru 3	4 & 5	6
And I	Andio	April 7	Amril O	Angell O	And 10	
April 5	April 6	April 7	April 8	April 9	April 10	
Day 35	Day 36	Day 37	Day 38	Day 39	Day 40	
John	John	John	John	John	John	
7 & 8	9 & 10	11 & 12	13 thru 15	16 thru 18	19 & 21	
1	1					

Building Committee



PROJECT 2020, STILL MOVING FORWARD

The ongoing Coronavirus has greatly complicated things, which has caused the shut down of operations at Saint Nicholas Church, and is the reason why a previously scheduled March 22 General Assembly was postponed. A new date will be set when church activities will be allowed to continue, or at least when public authorities project they may.

A major outfall of the General Assembly cancellation and the uncertainty of when Coronavirus quarantine restrictions may be lifted; it is now a given the Narthex Renovation will not be able to start immediately after Pascha, which pushes its competition at least into October rather than mid-September. The commencement of the 2020 Greek Festival itself is being put into question as well, or at least the extent of it.

Items still pending for approval at a hopefully NEAR future General Assembly, listed in order of urgency and importance are:

Approval to proceed with Narthex Renovation construction, based on a selected contractor's bid.

Approving a budget to provide security cameras and electronic door access locks.

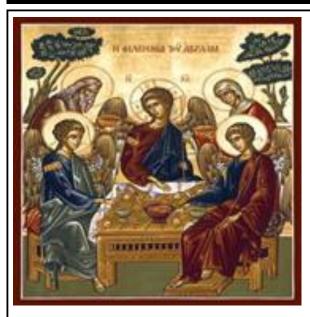
A yes or no vote to provide security fencing and a new electronic key card access parking lot gate at the south side of the church site.

Approving a budget to fill in and provide new flooring in recessed pew seating areas.

In the meantime, negotiations are going on with the two low Narthex Renovation bidders, which besides formalizing a final cost, include dealing with revised project scheduling and the impacts of the Coronavirus. Things are very fluid and difficult to pin down in these chaotic times, but the end game is in focus, while praying in good faith and for those less fortunate. Submitted by: Bill Acker

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Ministry News





COFFEE HOUR MINISTRY MISSION

To extend the Holy Eucharist to social/coffee hour

To express and manifest our faith by extending the hospitality we proclaim and by acknowledging the grace we have received during the Divine Liturgy

To promote fellowship

To connect with fellow parishioners, to welcome guests and to invite new faith seekers to our Church **REQUIREMENTS TO JOIN THE MINISTRY**

A servant's heart and a sense of love and care that is penetrating engeging and inspiring. Coffee Hour suspended **TEAM SCHUDULE FOR APRIL**

04/05/2020 04/12/2020



Team Chamales

Palm Sunday Dinner **AHEPA'S Agape Dinner**

Team Karanasos

04/19/2020

04/26/2020

NOTE: In order to facilitate the virtue of hospitality (philoxenia in Greek) among our parishioners the first Parish potluck Coffee Hour will be on May 3. (The next one will be on July 26). Please bring a small dish to share with our fellow parishioners.

TEAMS:

Team Karanasos: Daphne Karanasos, Leader; Anna Karanasos, Zach Karanasos, Angie Wilen, Ann Koopman, John Kouklis, Mary Matherine and Pres Maria Armatas

Team Johnson: Joseph Johnson, Leader; Ronie-Sue Johnson, Fenia Mavromichali, Katrina Orriss, David Orriss, Marie Bell, Barbara Phillips, Ranae Rice and Kathy Hermick.

Team Kipelidis: Despina Kipelidis, Leader; Dana Robinson, Sandra Ciarochi, Anastasia Bouzinekis, Yvonne Brandvold, Maro Kouklis and Fenia Mavromichali.

Team Chamales: Dr Ingrid Chamales, Leader; Karen Samaras; Marion Palas, Sally Hallis, Jane Evancho, Kathy Heiser, Anastasia Scopelitis, Krysanthes Barnes and Rikky Kapes.

Team Pres Sophie: Pres Sophie Majmudar, Leader; Evy Kontos, Irene Misiewicz, Gloria Brown, Deborah Talbot, Anna Marie Oakes Joudy, Savina Frisk and Claudia Cedeno

Men's Team: Ed Winskill, Leader: Dr Fred Ehret, Bill Samaras, John Cook, Hugh Winskill, Jason Heiser, Andrew Phillips and Alex Misiewicz

Sunday School News

In Times of Growing Uncertainty

- written by Presvytera Pat Tsagalakis for Family Wellness Ministry/Greek Orthodox Metropolis of San Francisco

As the COVID-19 virus reaches most of our cities and towns, it's important to step back and recognize the impact this ordeal has on our mental and spiritual health. As an educator, presvytera and also someone who is immune compromised due to recently completing chemotherapy for Non-Hodgkin's Lymphoma, I'm acutely aware of the anxiety, stress and worry a pandemic of this proportion has wrought on many individuals and families.

It's important now more than ever to focus on the things we can control:

Pray – First of all, take time each day to stop, breathe and pray. This is the time for us to lean into our faith and allow the peace of God to settle in our hearts remembering St. Paul's words:

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." <u>Philippians 4:6</u>

Wash Hands – Yes, we don't need gallons of sanitizer, just simply wash your hands with soap and warm water. (Say the Lord's Prayer for the full 20 secs)

Healthy Choices – Now more than ever, it's important to drink plenty of water, take your vitamins, get adequate sleep and make healthy food choices. Get outside, exercise and take a walk.

Limit Consumption of News – Hours and hours on Facebook or watching the news all day will surely bring more stress and worry to our lives. Turn off the T.V. and limit screen time.

Time: Time is precious. [Now that schools are closed], this gives us extra time with children and grandchildren to engage and connect. Take advantage of this opportunity for meaningful conversations and activities.

Recognizing the Impact On Our Church Community: Our churches are not only a place of worship but a place of fellowship and community. Sadly, this pandemic is dramatically impacting our lives as we experience limits to public gatherings, even for churches. This is necessary to protect us all from the spread of this potential deadly virus – especially greatly impacting the elderly and those who are immune compromised. Check to see if you can watch a church service live streamed. We can receive great comfort in hearing the hymns and prayers of the Divine Liturgy as well as our beautiful weekday Lenten services.

If You are Sick – **Stay home:** Do what is right and sit tight. To self-quarantine is the most responsible, unselfish and important thing you can do if you are not feeling well.

Reach Out – Social distancing does not mean social isolation. Make sure you are checking in on parents, aunts, uncles and others who might need companionship. It's especially necessary to reach out to those in your neighborhood or church family who may not have relatives nearby.

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"As God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

Colossians 3:12

Stay in the Present: Let's challenge one another to not be worried about what might happen in the next few weeks or months. Stay focused on the present and being the best possible version of yourself now. As we take these daily precautions keep in mind – It's not about you. It's not about me. It's about us. If we protect all, we protect those at the greatest risk.

Humility, Patience and Love – May we put into practice the words of the Lenten prayer of St. Ephrem, "Grant me the spirit of Humility, Patience and Love." Let us continue to humbly pray for one another, be patient in all things, and reach out with love.

Looking for activities to do with your children leading up to Pascha?

A big thanks to Jennifer Hall of Holy Apostles, Shoreline – for sharing these magnificent resource links and ideas which have been collected, tried and trusted.

Travel Prayer Altars:

https://www.pinterest.com/pin/495536765248998651/

Sign of the Cross Lapbook:

https://www.pinterest.com/pin/495536765248998574/

Paint Saint Peg Dolls:

https://www.pinterest.com/pin/495536765231153943/

Make Stick Crosses – Easy and effective. You can add flowers for Pascha day:

https://www.pinterest.com/pin/495536765230750382/

A Wonderful Gift Idea: Consider writing "Christ is Risen" in many different languages written on each block:

https://www.pinterest.com/pin/495536765225952950/

Create a Holy Week chart:

https://www.pinterest.com/pin/495536765225952897/

Try blowing and painting eggs – and make a Pascha centerpiece

https://www.pinterest.com/pin/495536765226045606/

Easter Grass Tomb – (This needs to be created about two weeks before Pascha. It's worth the work involved!)

Continued next page

Continued from page 10

https://www.pinterest.com/pin/206954545346970310/

Prayer Stations on Gratitude:

https://theresaecho.com/2011/06/15/interactive-prayer-stations-on-gratitude-the-ten-lepers/

Consider making a Lenten Crown of Thorns. This craft is both meaningful and quick and easy to make. Any salt dough recipe will work. After making the dough, roll it into three "snakes", braid it, and par bake it with tooth picks in it to represent thorns. Anytime someone in the family does something Lenten (showing kindness, generosity, patience...) they take the toothpick out and replace it with a flower (usually fake flowers until Holy Week).

http://tenkidsandadog.blogspot.com/2010/02/our-crown-of-thorns-and-our-lamb-of-god.html

- Sheila Auter



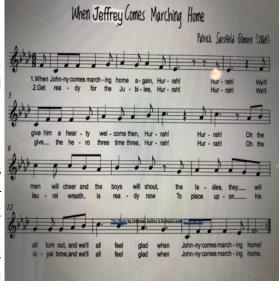
Military, CIA, Law Enforcement Ministry News

WHEN JEFFREY COMES MARCHING HOME

IT IS WITH GREAT PLEASURE that we can say that Jeff Rogers is home safe and sound from his tour of duty in Afghanistan, and back in the arms of his loving wife, family and friends!

DOXA TO THEO!

Jeff has been serving for the last nine months in Afghanistan as a logistical officer supporting Afghan and American Special Operations forces in the war against the Taliban. His job often took him to various Afghan military bases to coordinate with Afghan military units and civilian representatives, and provide support to American military forces. As with all duties in Afghanistan and Iraq, danger is everywhere. We thank the good Lord for



Jeff's safe return and pray for the safety of all of our troops serving in harm's way.



May 31 will our St. Nicholas Memorial Day presentation and as part of that we have asked Jeff to speak and share with us some of his experiences from his tour of duty. Between now and then, please be sure to take a few minutes to visit with Jeff and his family when you see them after liturgy, welcome Jeff back, and thank the entire Rogers family for their service and sacrifice for our nation.

APRIL IS THE MONTH OF THE MILITARY CHILD! April is designated as the Month of the Military Child, underscoring the

important role military children play in the armed forces community. Sponsored by the Department of Defense Military Community and Family Policy, the Month of the Military Child is a time to applaud military families and their children for the daily sacrifices they make, and the challenges they overcome.

It seems appropriate that we should recognize Jeff and Lexi's daughter and their three sons as part of this event. During the past year while Jeff was serving in Afghanistan, the rigors of 24/7 duty, the stress of being constantly on alert for incoming artillery or mortar fire, the never-ending requirement to scan the area for enemy ambush or sniper fire, and the added security threat from a potential suicide bomber all take a heavy toll not only on the serviceman or woman, but also on that person's family back home.

The Rogers are truly an incredible family. While Jeff was having to deal with the stress of serving in a combat zone, Lexi was managing the family household in Gig Harbor and providing love, guidance and stability for their daughter and three sons.

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Military, CIA, Law Enforcement Ministry News

Ayrlee, their daughter is stationed in Germany and serving in the United States Air Force. She is an Aviation Resource Manager and coordinates flight schedules for her Squadron's fighter and transport pilots. This is no easy task because mission requirements have people going many different directions,



24/7, and pilot flight time, down time, and crew rest periods must be strictly controlled. The risk is high and errors can be life threatening, and career ending. Strict attention to detail and devotion to duty are essential. Ayrlee proved to be up to the task and because of her outstanding performance she will soon be promoted, and then recommended for the Air Force's Scholarships for Outstanding Airmen program. Upon completion of that program she will follow in family tradition by becoming a commissioned officer and a Second Lieutenant in United States Air Force.

Jeff and Lexi's three boys are exceptional young men and during their father's absence racked up a remarkable list of accomplishments. Quinlan, their oldest is in his 2nd year at UW. He is enrolled in a select engineering program and was chosen as one of 70 students for a new field of Human Centered Design Engineering. The students in this program are mentored by Microsoft Engineers who are pioneering this new field. Quinlan's classroom requirements are rigorous and very demanding but he continues to excel and will likely become one of our country's leaders in this challenging new field.

With their father in Afghanistan, Ayrlee in Germany, and Quinlan at UW, that left Lexi, Keyvyn and Stellan to keep the home fires burning. Keyvyn is a Junior at Gig Harbor High School and an outstanding

student and athlete. He excels academically and maintains a 4.0 GPA while participating in his school's most demanding classes. He is the captain of his lacrosse team and also a member of the school's tennis team. Soon he will be representing his school as a member of their men's doubles tennis team at the Washington State Tournament, and with such remarkable skill and talent he is bound to do well.



Not to be outdone, Stellan, the youngest of the Rogers clan is also a remarkably talented young man. He is in the 8th grade and like his older siblings, maintains a 4.0 GPA. He is enrolled in his schools most advanced classes for his grade but particularly enjoys Spanish, geometry, and advanced language arts. Like his older brother he is an exceptional athlete and a member of his school's lacrosse team, and the St. Nicholas Festival dance group. Like all of the Rogers family he possesses great interpersonal skills and is blessed with his father's great sense of humor.

Continued on next page....

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Military, CIA, Law Enforcement Ministry News

The Rogers children are blessed with loving parents who have instilled in them strong family values and their belief in God has been key to their upbringing and success. They represent the best attributes of what makes our country great and their accomplishments reflect greatly upon their family, the United States Armed Forces, and St. Nicholas Greek Orthodox Church. DOXA TO THEO!



LTCs Theo Voudouris and Jennifer Clark have enjoyed the past two years at Camp Humphreys, South Korea. Their three daughters have remained active in gymnastics, soccer and swimming. The Family has also been blessed to explore seven other countries during their tour. The girls have traveled through New Zealand, watched sunsets at Angkor Wat in Cambodia (now considered one of the seven wonders of the world), and climbed the Great Wall of China. The Voudouris Family is scheduled to return to the U.S. in June; Theo will work in the Pentagon and Jennifer will retire after 23



years of service. (CONGRATULATIONS JENNIFER!) They miss St. Nicholas Church and send their love to all of our parishioners!

April 6, 1917: Following a vote by Congress approving a declaration of war, the U.S. entered WWI in Europe. St. Nicholas family members who fought in WWI include the following:



Marlene Angelus' Grandfather, U.S. Army World War I



U.S. Army, World War I **Recipient of the Silver Star** Citation for valor during the Saint-Mihiel Salient & Meuse-Argonne Offensive. Gus Chamales' Grandfather **Lascos Sarantinos**

CPL Gus Caravasilis

World War I **Recipient of the Silver Sta** Citation for valorous action during the Ypres-Lys & Meuse-Argonne Offensives. Roxanne & Fr. Daniel's grandfather



James Michalareas Hellenic Army Greco-Turkish War 1919 **Gus Chamales' Great** Uncle







April 14, 1865: President Abraham Lincoln was shot and mortally wounded while watching a performance of Our American Cousin at Ford's Theater in Washington. He was taken to a nearby house and died the following morning at 7:22 a.m.



Continued on next page

APRIL 2020

Military, CIA, Law Enforcement Ministry News



April 18, 1942: The first air raid on mainland Japan during World War II occurred as General James Doolittle led a squadron of B-25 bombers taking off from the carrier Hornet to bomb Tokyo and three other cities. Damage was minimal, but the raid boosted Allied morale following years of unchecked Japanese military advances. St. Nicholas family members who served in the Army Air Corps during WWII include the following:



Edward E. Beecher U.S. Army Air Corps WWII **Chrisann Firth's** uncle



SGT George L. Chamales U.S. Army Air Corps WWII **Gus Chamales' father**



PVT Tom Cheruhas U.S. Army Air Corps WWII Serma Cheruhas' husband



CPT Frank Ciarochi U.S. Army Air Corps wwii Anthony Ciarochi's father



SGT Arthur Ehrett U.S. Army Air Corps WWII **Dr. Fred Ehret's** father



SGT Ansel Jameson U.S. Army Air Corps, WWII Recipient of the Distinguished Flying Cross w/OLC for valor during combat with the Flying Tigers in the China/ Burma/India Theatre. **Diane Pirotis' Father**

April 19, 1775: At dawn in Massachusetts, about 70 armed militiamen stood face to face on Lexington Green with a British advance guard unit. An unordered "shot heard webecloople around the world" began the American Revolution. A volley of British rifle fire was followed by a charge with bayonets leaving eight Americans dead and ten wounded. Sergeant Richard Motz served with the Pennsylvania Militia and fought in the Revolutionary War.



One of America's original Veterans, rgeant Richard Motz 4th Co, 7th Bn. PA Militia erved with Genera George Washington at the crossing of the **Delaware River!** 1776 - 1778

THE PONTIAN GREEK GENOCIDE

1914 - 1923 WE WILL NEVER FORGET



April 24, 1915: In Asia Minor during World War I, the first modernera genocide began with the deportation of Greek and Armenian leaders from Constantinople and subsequent massacre by Young Turks. In May, deportations of Greeks and Armenians and mass murder by Turks began, resulting in the complete elimination of the Armenians from the Ottoman Empire and all the his-

toric Armenian homelands. Estimates vary from 800,000 to over 2,000,000 Armenians and from 500,000 to over 1,000,000 Greeks were murdered.



April 30, 1789: George Washington became the first U.S. President as he was administered the oath of office on the balcony of Federal Hall at the corner of Wall and Broad Streets in New York City.

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BLOOD DONATION. How many of you know Stamatie Christodoulou? Stamatie is one of our newest parishioners having arrived about five months ago from Colorado. Stamati is a military veteran and is employed as a nurse at the JBLM Armed Services Blood Bank Center – Pacific Northwest (ASBBCPN), which happens to be one of twenty- two donor centers that support the Department of Defense. Armed Services Blood Banks conduct blood drives at military installations, ROTC programs, and at federal agencies across the United States. They are not authorized to conduct blood



Stamatie Christodoulou U.S. Air force

drives in the civilian community because they are not allowed to compete with civilian blood donor agencies.





The ASBBC is a tri-service blood bank, so it supports the United States Army, Navy, and Air Force. Its primary mission is to support contingency operations by sending blood/plasma products directly to the battlefield, but its goal is to provide quality blood products for all service members, their dependents, military retirees, and the civilian community.

JBLM's blood bank allows people to donate in any of three different ways. People can donate whole blood, they can donate plasma, or they can donate platelets. Whole blood and some plasma that is donated at JBLM is immediately processed and sent directly to the battlefields of Iraq and Afghanistan. Plasma is freeze dried before shipping and upon arrival in the combat zone it is issued

to military medics. Freeze dried plasma is lighter and less bulky to carry and it is easily reconstituted with saline before it is administered to someone who has been wounded on the battlefield.

People with O negative blood are particularly sought after as blood donors because people of any blood type can receive it. For that reason, all O negative blood goes directly to the Madigan Army Medical Center's (MAMC) Neonatal Intensive Care Unit, where it is administered to newborns in need of blood transfusions. People who desire to donate blood platelets can do so with the knowledge that their blood goes directly to MAMC where it is used exclusively for trauma patients. There is a never-

Stamati and I recently talked to the members of AHEPA about getting a group of volunteers together and going to JBLM to donate blood. We had planned to do this during the month of May in symbolic recognition of Memorial Day, and more specifically to honor those men and women who died while in service to our nation. Because of the COVID-19 virus situation the date of this event is on hold.



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If you would be willing to join us in this planned endeavor at some point in the future when we have been given the "All clear" command, Stamatie and I will host a meeting to discuss the concept of this blood donating operation, conduct the screening for people to ensure they will qualify as a donor, and identify a date that works best to travel to JBLM as a group via caravan. JBLM is a restricted military installation and therefore someone with a valid military ID card must be in the vehicle to gain entrance, hence the need to travel via caravan to the facility. If you have questions feel free to contact either **Stamatie (856-397-2920)** or me (605-691-3423), or plan to attend the meeting once it is scheduled. We need your help! Please support this valuable program once the virus is subdued and it is save to gather.



"I brang ya a chaser fer all that plasma, Joe."



1LT Timothy Edgren U.S. Army Sunny Edgren's husband

WE ARE EXTREMELY HONORED AND HAPPY to welcome back to St. Nicholas Greek Orthodox Church, Timothy and Sunny Edgren and their two boys! Timothy recently completed his service with the United States Army and we are thrilled they have returned to the Pacific Northwest! We wish them all the best as they settle into their home in Gig Harbor, WA. WELCOME HOME!!!

ONE FINAL REMINDER, if you or an immediate family member served in any branch of the armed forces we would greatly appreciate a photo for our Military Ministry collection. Our collection continues to grow and we are now up to approximately 130 pictures. Please keep them coming! I know there are more pictures out there so please email them to gleafops@gmail.com.

IN CLOSING let me remind everyone that God willing, our annual Memorial Day presentation and salmon luncheon will be held on 31 May 2020. I know that as of this writing it may seem unlikely that St. Nicholas will be allowed to host this event, but if the "All clear" command is given, we will do our best to execute accordingly. The event will include a presenta-

tion by Jeff Rogers on his recent deployment to Afghanistan, and a Memorial presentation on Seaman Johnny Bennack, Debra Talbot's uncle, who was killed while fighting the Japanese in the Pacific during WWII.

(96%) OF US RELY ON THE OTHER 4% TO GIVE BLOOD PLEASE DON'T LEAVE IT TO SOMEONE ELSE

Gus

APRIL 2020

Stewardship Ministry

TIME, TALENT, AND TREASURE



TIME. Everyone knows the festival is planned for the first weekend in October and that it is our single greatest fundraising event for the year. Only time will tell if we are going to be able to host our festival in October but at this stage the prudent thing is to continue full speed ahead with planning. If you haven't done so already, please block out October 2,3, and 4 on your calendar so that you can participate in our festival and contribute to its success. As you have heard mentioned in the past, the festival is an **"ALL**

HAND'S ON DECK" event. That means if you are physically able to do so, your participation in the planning, the preparation, and the execution of the event is desperately needed.

In past years there has been a core group of approximately twenty women and a half dozen men (all of whom range between 65-93) that would do 90% of the pastry and bread baking. These seniors normally started baking in July those products that year after year are the single greatest moneymaker of the festival. Because of their efforts over many years the required missions were always accomplished but time has caught up too many of the key personnel among the group. Sadly, some of the matriarchs like Mrs. Turlis and Mrs. Cherbus have recently passed away, and Miss Elly Pangis who for many years mixed the pastry ingredients and prepared the bread dough regrettably is simply no longer able to do so. Compounding our dilemma, last year several of our core group sustained injuries from which they are still recovering and their participation this year will be significantly reduced. We need others to step up and take their place. We also need to adjust our work schedule so people who work during the week can as-

As mentioned previously it takes everyone's participation to make the festival a successful event and this year, we are scheduling four Saturday baking days on which we plan to prepare small pans of baklava. By baking on Saturdays, we can relieve some of the pressure on those who do the pastry and bread baking during the week, and we can produce more of the product that contributes significantly to our net profit.

Those who work during the week and are normally unable to assist with the baking phase of the festival are the people we are specifically asking to support this endeavor. Three of the four Saturday workdays are scheduled for 27 June, 18 July, and 25 July. The fourth Saturday is yet to be determined. Please block out two of these three dates on your calendar and plan to assist the Saturday baklava baking effort! Don't think for a moment that because you have never made a pan of baklava you would be of no help! Nothing could be further from the truth! There are many different tasks that must be completed in the process, and I am living proof that if I can learn how to prepare a tray of baklava, anybody can!!!



KEEP

CALM

HAPPY

SATURDAY

APRIL 2020

Stewardship Ministry

Evy Kontos has graciously volunteered to be in charge of this effort. We will have people present to work



with you and teach you how to do it, or you can work at the different ingredient prep stations necessary to keep the assembly line going. Plan to work from 0900-1600. Lunch will be provided but theoretically the goal is to complete between 100-120 small pans of baklava on each day. If we have 50 people present each day with 35 people assembling the pans, and the others working at the necessary ingredient prep stations or assisting in other ways, we should be

able to finish early on the third Saturday and eliminate a fourth Saturday workday all together.

In the future we will have sign up boards that will be displayed in the dining room. **PLEASE commit to work on three of the four weekends that will be displayed.** Once again, the emphasis for participation is on those people who work during the week and are unable to support the weekday group of bakers. Please do your share! **Sign up and support the program in order to be part of the solution!** If you are reading this, it's because you are part of St. Nicholas and you care about what happens to our church. Thank you for recognizing that we all own a piece of the action, and for your support of the baking effort.

TALENT. Every member of St. Nicholas has something in which they excel and a talent that would be

very appreciated by the rest of us if it were shared. Our parish has many ministries, and nothing could be better than for everyone to find a home in at least two or three of them. If you have not already done so, talk to someone about the ministries that St. Nicholas has to offer. If you're not sure who to talk to about a particular ministry please visit with either Diane Pirotis, Merilee Pangis, David Frisk, George Pirotis, or yours truly (Gus Chamales), and let us know where your interests lie. We will be happy to direct you to some-



one who either shares your interest or participates in a ministry in which your interests and talents can be properly utilized.

TREASURE. Project 2020 construction will soon be upon us! Work is scheduled to begin immediately after Pascha and if you haven't done so already, please take a moment to thank Bill Acker, Fenia Mavromichali, Andrew Premis, Christina Leinneweber, Zak Karanasos, and Dr. Nick, all of whom are members of the Project 2020 committee and who worked so hard to bring this project to fruition. Please find time to thank them for their efforts and may God bless all of them.At the March Parish Council meeting it was briefed that we are still approximately \$50,000.00 under our original Project 2020 pledge goal, and

another \$39,000.00 that was pledged but not yet collected. If you recall, we wanted to raise the \$650,000.00 necessary to cover the project without having to dip into operational or festival funds. Yes, our church has the money to cover the shortfall but quite frankly, that is not the point. We established a goal for ourselves and it appears we will fail to live up to our own expectation unless we all step up to help. If you have pledged money for Project 2020, have fulfilled your pledge, but can find it in your heart to give a little more,



PLEASE DO SO! Every little bit helps whether it's \$5.00 or \$5,000.00. To whom much is gien, much will be required. (Luke 12:48)

APRIL 2020

Stewardship Ministry



If you have pledged money for Project 2020 but have not yet fulfilled your contribution, please do your best to do so? It would help immensely if all pledges can be fulfilled by the end of May.

If you haven't made a pledge for Project 2020 because you are a newcomer to St. Nicholas in the last two years, please offer to support our church as best you can and invest in our St. Nicholas' Project 2020.

Since moving to St. Nicholas and joining our church I never cease to be amazed by all the wonderful people here that I am proud to call my brothers and sisters in Christ. Our church is overflowing with extremely kind and good-hearted people who do the best they can to

make ours a wonderful place to worship Christ and do God's work. Your generosity and support for our YEAR 2020 Stewardship program has been outstanding when compared to previous years. To date we have had 169 people contribute to our YEAR 2020 Stewardship goal but only 85 have either enrolled though our web site for automatic contributions or completed a stewardship card. We really need everyone to do one or the other! Should we ever have to pursue a loan for either an emergency or future construction project we must have a solid historical trail of documented financial support. That means either documented automatic contributions or a stewardship pledge card.

PLEASE LOG ON AND SWITCH TO AUTOMATIC CONTRIBUTIONS. I used to tell people that automatic contributions work best for our church because it greatly enhances our church's ability to plan and it simplifies accounting, but now an even more important reason exists! Cash is one of the dirtiest and most con-

taminated things that people handle on a daily basis, and picking up a pen to write a check is probably not much better. The coronavirus is changing the way everyone functions and we can avoid handling those items if you would simply log onto your computer, and take a few minutes to complete the automatic contribution process on the StNicholasTacoma.org website. Please help us with this effort! Once again, I wish to conclude by thanking all who support our parish but in particular, the following who are helping us build for the future by contribut-



ing through an automatic bank contribution, or submitting a stewardship pledge card. You reduce the virus risk to our staff, help us prepare for the future, and set the example for all to emulate! May God bless everyone for your committed support to St. Nicholas!

William & Mary Acker Sonny & Irene Angelos Tony & Lori Apostle Harry & Sheri Basil Barry Cassidy & Deborah Middleton Klaudia Cedeno

Dr. Patra Alatsis **Ricky & Marlene Angelus** Andrew & Monica Auter Morgan Blackmore

George & Despina Ampatsis Paul & Dolores Apostle George Ballasiotes Scott Cairns Continued on next page

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Stewardship Ministry

LTC(R) C.& Dr. I. Chamales	MA(R) Russell & Stacy Chappell	Anthony & Sandra Ciarochi
Courtney Cold-Faso	SFC(R) John & Maria Cook	Larry Crenshaw
Sharmarie & Troy Dares	Dr. & Mrs. George Dellyanis	Jackie Dionas
Anne Dykstra	Genevieve Eagle	Timothy & Sunny Edgren
Dr. Fred Ehret/Dr. Anastasia Fintril	akis Andrew & Jane Evancho	Krisann & Peter Firth
David & Savina Frisk	Mary Georgopolos	Travis Glover
Christina Gretty	Sally Hallis	Daniel & Ekaterini Hanson
LTC(R) Sean & Kathy Hermick	MSG(R) Thomas & Helga Jackson	Annonymous
Kathy Johnson	Alexander & Anna Marie Joudy	Hariklia & Pod Kapes
Anna Karanasos	Paula Karanasos	Zach & Daphne Karanasos
Sharon Kennedy	Naser & Catalina Khalaj	Evan & Despina Kipelidis
Anna Koopman	John C. Kouklis	Ourania Koukousoula Ayume
Maria Koumantaros	Robert & Anne Latz	Mary Leonard
Fr. Seraphim & Pres. Sophie Majm	udar Chris & Susan Manthou	Katherine Mason
Fenia Mavromichali	Alan & Sheilagh Means	Cassie & Paul Moeller
Hariklia and Dick Motz	Michael & Rodica Murphy	Mark O'Neill
David & Katrina Orriss	Marian Palas	Alex & Miss Elly Pangis
John & Merrilee Pangis	George & Diane Pirotis	Charles & Lena Plunkett
Joaquin & Shanna Poirot	Christopher & Martha Politakis	Andrew & Rebecca Primis
Emmanuel Psilovikos	Aaron & Renae Rice	Mark & Dana Robinson
Katherine Rowley	Bill & Karen Samaras	Alexandra & SSG Richard Schut
SGT Richard & Denise Stahl	Alexandru Stefan	Dr. Andreas & JoAnn Stergachis
Nathan & Kristine Stevens Deborah Talbot Dee Varca litsa & John Xitco	James & Jenise Sweeney Dr. Nicholas & Becky Themelis Michael Jane White Tasso & Sarah Zambaras	Dr. Olympia Tachoipoulou Roxanne Vallantine Edward Winskill Ka-

Cover Story

Continued from page 1

The fact that God became man in Christ Jesus and took all of our suffering upon Himself, cleansing us of our sins, and destroying the power of death, means that each of us possesses an unfathomably powerful hope. This hope is not from men, but is from the living God who has destroyed death and risen from the dead. This is truly our hope.

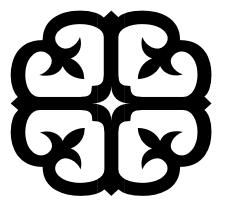
Furthermore, we know that those of us who love Him and seek His coming again will suffer. This suffering is not a punishment from an angry God, but rather the means by which we follow Him to our own cross. For truly there is no resurrection unless there is first a death on a cross. But as the New Testament tells us it was for the **joy** set before him that Christ endured the cross. That same joy is set before each of us, especially during these difficult times. This why our response to this ongoing suffering is one of **hope**. In a way known only to God, our sufferings plunge us into the depths of our heart, not to drown, but to discover the kingdom of God and the **never ending joy** that comes when we follow Him in all things.

Is this not truly the meaning of Holy Week, which is coming soon, and many are worried will not take place in the church publicly? But we at St Nicholas are not those who follow the rituals of Holy Week outwardly. We are those who follow the meaning of Holy Week inwardly. For what is Holy Week anyway? It is the lived experience of the fact that God became man, that He willingly endured suffering and death for our sake, and that He rose again on the third day. This is the true Holy Week, and we are, by God's inscrutable wisdom, already in it.

Brothers and sisters, let us follow Him no matter the cost, no matter the suffering, no matter the fear: for truly, the **joy of the resurrection** lies quietly just on the other side of that veil!

Stay strong and don't worry! God is in charge of EVERYTHING.

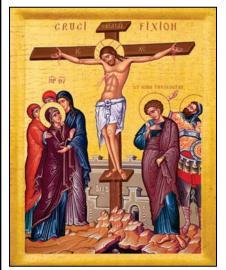
Fr Seraphim--



APRIL 2020

ST. NICHOLAS BIBLE STUDY MINISTRY

ST. NICHOLAS BIBLE STUDY MINISTRY BOOK OF HEBREWS







Death

Resurrection

Ascension

Hebrews 7:24-25 "But He, because He continues forever, has an unchangeable priesthood. Therefore, He is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them."

When we think of intercessors between mankind and God the Father, many times our thoughts go directly to Panagia and the Saints. But we have to remember that Jesus Christ is the Ultimate Intercessor to God the Father. Christ making intercession on our behalf is based on one really important principle, His humanity. How can Christ be an intercessor and High Priest if He isn't human? In order for us to be redeemed, someone Who is immortal and stronger than death (but also to experience it) needs to be our High Priest and make that sacrifice. Christ has not always been an intercessor for us. When He became incarnate, He took on human flesh, going from one nature (divine) to two natures, divine and human. One of our own can stand before the Divinity as one of our own. The only difference is, up to the time of Christ's Incarnation, there was a lack of continuity among the high priests of the Jewish faith, that was interrupted by death. Jesus Christ's divinity continues forever. "Jesus Christ is speaking our salvation into being". When you lose the Feast of the Ascension, you lose everything else. It's a return to a point in time (a static thing). St. Paul's main focus in Hebrews is the fact that Jesus Christ is our High Priest and Intercessor. He touches only lightly on the Resurrection. St. Paul is trying to show a correlation between the visible and invisible and that there is a Priest Who intercedes between them. That's the whole point of this book. The purpose of creation in the beginning is fulfilled in Jesus Christ through His Ascension, resulting in a resolution of the dualities and a perfect union with God. The Cross and the Resurrection are needed to get to the Ascension. Because of the Fall, sin and death had to be dealt with. Metropolitan Hierotheos, summarizing the holy Fathers, said this about the Feast of Ascension, "Ascension is deification in perfect union with God". He said every human being who has been born will experience the divine grace of the Incarnation, Crucifixion, death and Resurrection on the basis that Christ rose from the dead. The holy Fathers teach one distinction, however; not everyone will experience the grace of the Ascension. Only those who are numbered among the saints, who will constitute that "finite" number of the Body of Christ, will experience the grace of the Ascension, which is deification. When Christ comes

ST. NICHOLAS BIBLE STUDY MINISTRY

again, He will fully release the power of His lightning divinity through His burning flesh. This is what we all are looking for. During His first coming, Christ (in His mercy) restrained this power to protect the womb of Panagia, His followers, St. Thomas when he stuck his hand in Christ's side and anyone else with whom He came in contact. Christ is withholding the glory of His divinized flesh until we become acclimated. The period between Christ's Ascension and His Second Coming, is the time when His High Priestly duties as Intercessor come into play.

"Feasts of the Lord" by Metropolitan Hierotheos:

So by the Feast of the Ascension we are celebrating the enthronement of our nature in heaven. By the Resurrection and Ascension of human nature we are, at the same time, also celebrating the beginning of the resurrection and ascension of every believer. Therefore, when a person takes part in Christ's Ascension, he is no longer a man of the earth like the first man, but a man of Heaven like the Second Man. Christ (St. Gregory Palamas). The phrase that Christ, because He ascended into Heaven, "sat down at the right Hand of God" (Mk.16,19) comes from symbolic theology and means to show the divinity of the Word of God, that Christ, as God was always consubstantial with His Father, but also as Godman raised human nature to Heaven and made it identically God. According to St. John of Damascus, the phrase, "at the Right Hand of the Father", means the glory and honor of the Godhead. <u>In other words, the Son</u> has the glory of divinity which the Father also has, but after the incarnation of the Son and the ascension of human nature, this human nature, too, partakes of the glory and divinity and Christ is worshipped as Godman by all creation. Thus, the Right Hand of the Father is essentially unity of Father and Son because the Son has the same essence, or nature, as the Father. The verb that is used, "sat down", has great significance. This verb which denotes stability and settledness, means, as Basil the Great says, the firmness of the nature and its fixity. In other words, Christ has the same nature as the Father without undergoing any change or alteration. He remains God forever. Thus "sat down at the right hand of the Father" means "equivalence in value". The essence and meaning of the feast is immensely great and high. If the power of death and the devil was overcome by the Resurrection, our nature ascended to the throne of God by the Ascension and we ourselves were given the possibility of attaining the experience of the Ascension, which is deification.

Christ's Ascension deifies human nature. Thus He is a perpetual High Priest in His deified human nature. The Old Testament priests were unable to provide that ministry (perpetual intercessor) because of one stubborn reality, death. When Christ dies and rises from the dead and ascends into Heaven, He provides that ministry of priestly intercession permanently. Will Christ retract from His role as Perpetual Intercessor (High Priest) after the Second Coming? No, because He will always be that "membrane" between divinity and humanity. That's why baptism matters. The molecules of our flesh are transformed on a physical level by death and resurrection in Christ. Cremation is not compatible with the theology of the Ascension, because the body has been transformed into the temple of the Holy Spirit. Christ assuming human nature through His incarnation paves the way for us to be partakers in His Ascension without being burned up. Father Seraphim encourages parents, holding small children, to receive communion first, allowing the child to imitate the parent. In a similar way, we are meant to imitate Christ in His Ascension.

Mark 16:19 "So, then after the Lord had spoken to them, He was received up into Heaven, and <u>sat down</u> <u>at the right hand of God.</u>" (Cross references: Psalm 110:1; Acts 2:33; 7:55; Eph 1:20; Col 3:1; Hebrews 1:3; 8:1; 10:12; 12:2). Sitting at the right hand of nobility (or in this case, Divinity) indicates equality. Those who question the divinity of Jesus Christ are essentially questioning the Holy Trinity. If Jesus Christ was subordinate to God the Father, there would be no Trinity.

ST. NICHOLAS BIBLE STUDY MINISTRY

Creation has been waiting for the perfect union between Christ's resurrected and ascended human nature (which is sitting at the right hand of the Father – while not creating a disturbance in His divinity) and God the Father. Christ already has human nature that is glorified forever, that is constantly interceding for us and pulling us to a place where He already abides. That is the difference between a behaviorist way of living the Christian life and an existentialist way which says that Christ has already established human nature at the right hand of God. Another feast of our Church that shows that somebody has already taken hold is Panagia, the Feast of Dormition, which is a preview of the general resurrection. God also manifests this through His "walking" saints and those saints whose relics emit fragrant myrrh.

Hebrews 9: 1-6 identifies the visible, physical world manifestation of an invisible reality made according to the specs that God gave His people, Israel. The one thing that is so characteristic of the Old Testament is that it is never presented in any other way than God's own revelation to His people. It's intentional on God's part, in the on-going journey to raise up God's son, Israel, to the understanding of the invisible that He, Himself, is giving the best way to represent what He is really after in an earthly way. It's all because God is self-revealing. He knows that if everything is done in the way He instructed, everything will be set up in the earthly realm to prepare them and shape how they understand reality to lead them to the invisible, that couldn't be revealed in a snap. He's building the ability of the created people to experience His Uncreated glory. It's interesting that St. Paul is referring to the time of the building of the Tabernacle (which no longer existed at the time of his writing) and not the Temple which did exist. We need to remember (from the beginning of our Hebrews study) that all Jews were Hebrews, but not all Hebrews were Jews. He is using the term Hebrews rather than the more common term, Jews, because he is leading us on a very deliberate course and wants to target everyone who is a son of Abraham. He is referring to a point in salvation history that was the most intentional and the broadest on purpose. St. Paul is getting to the core fundamentals because it seemed that they had forgotten. The Hebrews were so focused on the Law that they had lost the basic fundamentals that God had originally given them.

Hymn of Entry: Archimandrite Vasileios

We are an image of the cherubim, that is to say we are identified with them; we are cherubim "in a mystery," that is to say inwardly and liturgically, and hence truly. The image of God that is the basis of man's nature raises him to deification by grace. <u>The Son of God, Who is the perfect Image of the Father, is One</u> <u>in essence with Him.</u> For Orthodoxy the image, the icon, is an identification without confusion. <u>"Representing in an image" has to do with the deepest relation between persons and things, and the</u> <u>greatest respect for distinctive personal qualities.</u>

"And to the life-giving Trinity sing the thrice-holy hymn": we sing the thrice-holy hymn as we celebrate the mystery; and this celebration of itself sends forth the hymn. The thrice-holy hymn is a word coming out of the silence of action, and for that reason is a triumphal hymn, unheard but never silent.

"Let us lay aside all the cares of this life": every care is laid aside. It is thrust from us, abandoned "that we may receive the King of all." And because this King is, as we realize after much experience, He Who is always coming, our cares stay permanently thrust aside. <u>The Divine Liturgy spreads everywhere.</u> Our whole life becomes part of the Liturgy, bidden to the wedding of the Lamb – the "care without care," our soul and body, our life and our death, the present age and the age to come. When you have driven out care you can attend easily to your business, to all your affairs: God Himself manages them. We thrust away care and receive the King of all. We can do either one thing or the other. The elements of the world pass away with a loud noise (II Pet. 3:10): and everything is clothed with light and existence as with a garment. Everything exists and acquires substance. Representing the cherubim in the liturgical singing of the thrice-holy hymn, we are caught up into heaven – whether in the body or out of the body we do not know, God knows (cf. II Cor. 12:2) – and we sing the triumphal hymn with the blessed powers. When we are there, beyond space and time, we enter the realm of eschatology. We begin to receive the Lord "invisibly escorted by the hosts of angels." Thus anyone who participates in the Liturgy, who is

ST. NICHOLAS BIBLE STUDY MINISTRY

<u>taken up – "he was caught up into heaven" – acquires new senses. He sees history not from its deceptive side, which is created and passes away, but from the true, eternal and luminous side which is the age to come.</u> Then the believer delights in this world too, because he experiences the relation between it and the other world, the eternal and indestructible: the whole of creation has a Trinitarian structure and harmony. The thrice-holy hymn is sung by the "communion of saints," the Church, in the depths of its being.

Solemnly sung as part of the Divine Liturgy, the trice-holy hymn overcomes tumult, and makes everything join in the celebration and sing together in complete silence and stillness, the silence and stillness of the age to come. This is an indication that we have already received the pledge of the life to come and of the Kingdom.

This, of course, is quoting the Cherubic Hymn in the Divine Liturgy. The Son, the Father and the Holy Spirit are One in essence, but 3 distinct Persons. They are 3 unique Persons with the same nature. The Son is the perfect image of the Father and One in essence. If you see the Son, you see the Father. They are two different entities, each expressing One Divine Nature. If you see the earthly tabernacle, you're seeing the image of the Heavenly world. God is allowing His people to see the earthly reality in relationship to the heavenly reality. "An icon is identification without confusion": when you look at an icon you are looking at and identifying with the prototype without confusing the icon with the actual person. As Christ is the image of the Father, we are the image of Christ. "Representation in an image has to do with the deepest relation between persons and things, and the greatest respect for distinctive personal qualities." An image has to correspond to the prototype. Pagan images have no prototype to which they correspond. This is the concept that St. Paul is getting at. He is trying to establish that there is a certain relationship between image and prototype. A man who tries to alter his sexual assignment by changing his appearance is striving to correspond to our concept of a biological female. If there is a change in the "icon" there will be a change in the prototype. The sad and ghastly thing is the image of female bears a relation to a prototype and that is not interchangeable. This is an example of identification with confu-If you confuse and twist the image or icon around, it will be difficult to recognize the prototype sion. when it makes its appearance.

Submitted by: Genevieve



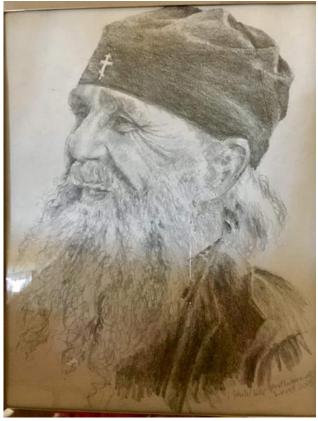
APRIL 2020

Pro-Life Ministry

Abortion: The Finishing Blow by Elder Ephraim - The Art of Salvation

My beloved children, today, our earth is constantly being saturated with torrents of blood from wars and various other events. It is also saturated, however, with blood in it that is more innocent than that of Abel's: The blood of executed infants. It is the blood of innocent babies— these defenseless children—, which is spilt by their very own mothers.

Clinics and obstetricians offices have become the "new" slaughterhouses of Herod. Millions upon millions of babies throughout the entire borough have been thrown into garbage cans and septic tanks. People don't even dispose of cats in this way! As we have seen in a start doing video documentary, the doctor, obstetrician, and murder intentionally kills the child within the mother's womb using a scalpel. Then with a special instrument, he proceeds to crush the infants' delicate head, and finally, removes it. The mother, of course, witnesses none of this and very peacefully departs for her home.



A few days ago, I came across an article written by

a physician, and I would like to read it to you, as I think it will help you to understand what abortion is from a practical and scientific point of view. The title of the article is: "The Finishing Blow" I will read you the original text.

"As the daily media informs us, there will be a vote. In particular, a vote on what will be the most villainous bill ever to pass through the Greek Parliament. At a time when the Greek nation is on the verge of extinction, this decision will serve as the ultimate finishing blow. Unfortunately, this crime is becoming legal. Before, however, members of the parliament approve the aforementioned legislation; we wish to make the following recommendation:

Members of the Parliament should see the film entitled "The Silent Scream." This video features ultrasound images of the inside of the uterus recorded during an abortion. It is a tragic sight! The article continues: When the instruments of assassination and enters the womb, the fetus senses that something foreign has invaded his environment, and he reacts by withdrawing violently from his natural position. Simultaneously, his heart rate increases from the normal 140 beats per minute to 200 beats per minute. The moment the fetus is struck by the medical instruments of execution, something hair-raising occurs! The fetus stretches his mouth wide open and lets out a silent scream as his life comes to a barbaric end! The producer of the video recording, who is a medical doctor and gynecologist, who performed over 10,000 abortions between 1949 and the present, was shocked when he witnessed this heart rendering scene and until-then unknown spectacle. He has not only decided to never perform another abortion, but also became a leading pro-life activist. If members of the parliament view this videotaped recording, we are certain that they will prefer to have their right hand cut off rather than to vote in favor of such a deplorable law.

PROSPHORA BAKING SCHEDULE

Despina Ampatzis: The first Sunday of every month

Deborah Talbot: The second Sunday of every month

Mark Robinson : The third Sunday of every month

Anne Dykstra: The last Sunday of every month

Anyone wanting to bring this offering on a particular day should make the arrangements with Father Seraphim. Every Orthodox Christian in good standing (talk to your priest about what that means) is welcome to make the offering.

BREAD

Following the Word through Scripture

In the Masoretic text of the Old Testament, that is the Old Testament written in the original Hebrew language, the word "lechem" is translated into English as "bread." In the Septuagint, that is the original Masoretic text that was translated into Greek about 200 years before Christ, the word "lechem" is translated into Greek as "artos." And of course, in the Greek Old and New Testaments, the word "artos" is translated into English as "bread."

We have here three words, or one word in three languages: lechem, artos, bread.

In Strong's Concordance of the Bible, lechem is Hebrew word 3899, meaning food for man or beast, especially bread or grain, and is from the primary root 3898, with a meaning of to feed on, to consume, by implication to battle (as destruction), devour, eat, overcome, prevail, make war. Again in Strong's, artos is Greek word 740, meaning bread (as raised), or a loaf, (shew) bread. It is from a primary verb, airo (word 142), to lift, to take up or away, to raise, to sail away (i.e., raise anchor), to explate sin, away with, bear up, carry, lift up, loose, make to doubt, put away, remove, take away, or take up.

Right away, a few things come to mind. Bethlehem, for anyone who doesn't know already, is two Hebrew words, bayit (house) and lechem (bread). It means "house of bread." Jesus, the bread of life who came down from heaven, was born in the house of bread, Bethlehem. Manna, with a meaning of "what is it?, is the food or bread that rained down from heaven and sustained the Hebrews in the wilderness for 40 years. Jesus, the bread of life that came down from heaven, is something new and never seen before, a "what is it?, a God-man. And this Jesus has expiated our sin, loosed our bonds, was taken up to heaven and raised us up with Him to sit at the right hand of the Father. This Jesus has battled the enemy and prevailed. These things are part of the meaning of the root of the word "artos" or "bread."

I am going to follow the word "bread" in the Bible through Strong's Concordance. It is an exercise I have been meaning to do for a long time. My intent is to write one page per month for the St. Nicholas Messenger on this topic, keeping in mind that ultimately this has everything to do with our own eucharistic offering.

Strong's tells me that the word first appears at Genesis 3:19: In the sweat of your face you shall eat bread till you return to the ground from which you were taken. Earth you are, and to earth you shall return. This is God talking to Adam (man) after he and Eve ate the forbidden fruit, informing them that because they ate, the ground is cursed, and man will have to work for his food until he returns to the ground himself. There is plenty of talk about eating before this point, but the word "bread" is not used until now.

The next appearance of the word "bread" is in Genesis 14:18: Now Melchizedek, King of Salem, brought out bread and wine. He was the priest of God Most High. He blessed Abram and said, "Blessed be Abram of God Most High, Creator of heaven and earth, and blessed be God Most High, who delivered your enemies into your hands." Then Abram gave him a tithe of all. There is an obvious connection to Christ and to our own offering in these verses. Melchizedek, which means King of Righteousness in Hebrew, is the King of Salem, that is King of Jerusalem, and he is a priest of God Most High centuries before God establishes the Levitical priesthood at Mt. Saini. He brings out from Salem a eucharistic offering of bread and wine to Abram, who has just rescued Lot and the people of Sodom from their captors. Melchizedek then blessed Abram, and Abram paid a tithe to Melchizedek.

To be continued...

Deborah Talbot--



Ministry News

Philoptochos President's Message

Greetings everyone and hoping everyone stays healthy during these unusual times!

Spring planned activities to further our mission of helping those less fortunate and to promote participation in the Philoptochos Society:

March 1-Andrea Gray, Camp Agape NW chairperson, briefed interested parishioners during coffee hour on this ministry, and opportunities to volunteer at camp.

March 7-Camp Agape NW gala fund raising event -cancelled

April 12-Palm Sunday dinner-cancelled

May 16 Ladies Spring Luncheon-Please watch for schedule update on this event. This may be rescheduled depending on the coronavirus protocol response.

Significant activities since the first of the year include:

February 9 Pie Sale- Funds from this event benefit the Archdiocese Children's Autism fund.

January 12 Vasilopeta - Five special loaves of bread were cut and served to representatives of the St. Nicholas ministries and parishioners. Funds from this event benefit the St. Basil's Academy, the Greek Orthodox Archdiocese residential home for children in need in New York.

January 19 Potluck Soup Sale- Funds for this event benefit the Archdiocese Social Services and Cancer/ Other Major Illnesses funds.

February 14-Valentine bags were distributed to approximately 14 homebound members of the parish. Marian Palas coordinated this event.

February 29-Planning meeting for the Lady's Spring luncheon, was held at Elmer's Restaurant. Menu, raffle event and attendance was discussed.

Membership-Our year starts in January and runs through December. The membership is \$30 for the year. Please ask any member about Philoptochos-it is the Orthodox Church's Women's Ministry. Please see Jane Evancho for membership payment. We encourage our Greek Orthodox friends to join us. They can be involved as much or as little as they wish. We welcome you all to our group. There is a lot of satisfaction in doing things for the common good and helping our church and the less fortunate among us...

Jane--

APRIL 2020

Philoptochos

	Philop	otochos Calendar 2020	
Date	Event	Notes No	h Chair
FEB 14	VALENTINE BAGS FOR HOMEBOUND	und until arter of	Marian Palas
FEB 15	MEETING	Ng MED Ch. OC am	Jane
FEB 29	LADIES LUNCHEON MIG CHUICH	ELMERS 11:00 am Planning Committee (Hostesses, chairs etc.)	
MAR	HENTE SIE		Presbytera Sophie
21	MEETING	NO MEAL @ 10:00 am	Jane
APR 11	PALM TYING/LUNCH		Presbytera Sophie
APR 12	PALM SUNDAY DINNER		Hoddi/Marrilee
APR 12	PASCHA BAGS FOR HOMEBOUND		All
APR 19	PASCHA		
MAY 9	MOTHER'S DAY FLOWERS		Sally
MAY 16	LADIES SPRING LUNCHEON		Committee
MAY 23	MEETING	Celebration Dinner – Need committee	
MAY 24	VETERAN'S LUNCHEON	VETERANS PROGRAM by Gus Chamales	Merrilee, Diane, Hoddi
JUNE 20	FATHER'S DAY BREAKFAST		
JULY 18	CAMP AGAPE	Training for camp July 18-25	
JULY 21	CANW Kafeneion	Provide Appetizers from St. Nicholas Philoptochos	Hoddi, Jan, Marian and Yvonne

Commemorating Saturday of Souls



On line Donations now possible

ON-LINE DONATIONS

The donation section of the Church's website has been revamped to include a link to a new on-line donation form. The form allows one-time donations, setup for automatic recurring donations, and selection of donation purpose. There is also a note section to inform Church accounting of special handling needs, such as memorial donations or address changes. Church on-line donations are directed to the Church through WePay (a Chase Bank Affiliate) and Aplos Software, LLC. Donors contributing on-line receive an email thanking them for their donation. In addition, through a link in the donation notification, each donor can setup their own Aplos account to view a list of on-line donations, manage recurring donations, and to view and print a contributions statement.

Please be aware that in converting to this software I noticed multiple duplicative account names. In some instances, I will need to merge duplicate accounts so the contribution statement accurately combines into one statement both the on-line donations and check and cash donations. The unique identifier for this purpose is a valid email address.

I want parishioners to enjoy greater flexibility in making Church donations and receiving an accounting of their annual to date contributions at any time of the year. Many of you have asked and inquired about the possibility of accounting for your donations automatically on-line. It is now a reality. If you have any problems or questions with this new service, please let me know. As your treasurer, I am here to serve you!

In Christ,

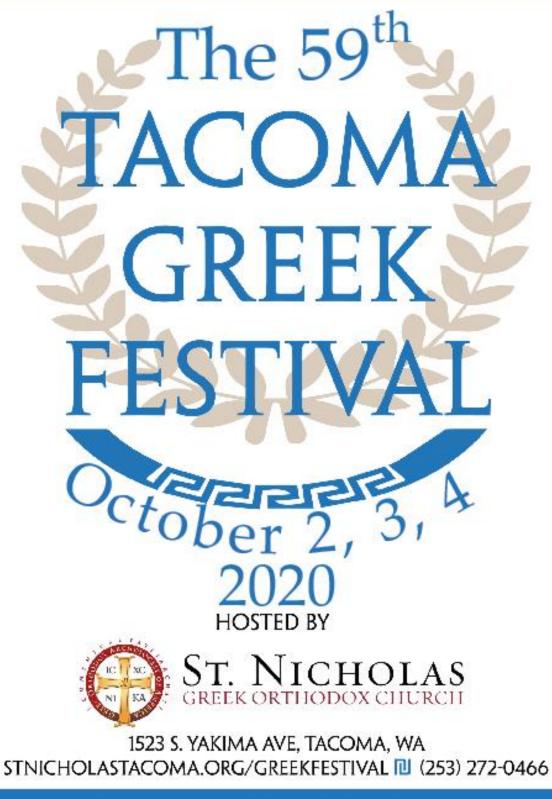
Mark Robinson

On-Line Contribution Instructions:

- 1) On a computer or mobile device, go to the Church's website www.stnicholastacoma.org
- 2) Select the (maxim) button. This takes you to the Church's donate page!
- Select the gold colored donate DONATE button at the bottom of the page.
- 4) You will now be taken to the page to make your donation. Simply complete the form.
- 5) From the contributions email you receive, select the link to setup your own Aplos account. An account history page will be available. The first tab will show only on-line donations, the second tab allows accounting for recurring donations, and the third is for contribution statements listing on-line, check, and cash donations.







FRIDAY & SATURDAY: 11AM-9PM, SUNDAY: 11AM-6PM

We are proud to donate a portion of our festival proceeds to "Pathway Home"

facebook.com/Greedfestivaffacoma instagram.com/TacomaGreekFestival



St. Nicholas Greek Orthodox Church proclaims and teaches the Gospel in accordance with the Orthodox Faith; sanctifies the faithful through God's grace in worship, the Divine Liturgy, and other sacraments; enhances parishioners' spiritual life; and adds to the faithful by receiving individuals into the Church through instruction, baptism, and/or chrismation.

COMMIT YOUR TIME AND TALENT TO ASSIST WITH GOD'S WORK

St. Nicholas has several ministries that exist to fulfill our parish mission and serve our community. Giving of our time and talent through these ministries is just as much an act of stewardship as giving financially. If you would like to contribute your time and talent through one of our ministries, please visit our website to see a list of active ministries: **stnicholastacoma.org/ministry-center**.

HOW TO RETURN THIS CARD

BY MAL-

St. Nicholas Greek Orthodox Church Attn: Church Treasurer 1523 S. Yakima Ave. Tacoma, WA 98405

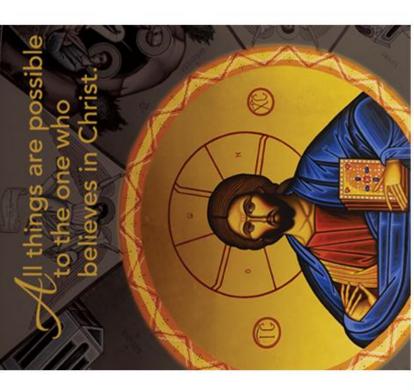
AT CHURCH:

Drop your completed card into the secured dropbox on the stewardship table in the downstairs hall.

Stewardship contributions can be fulfilled with cash, check, credit card, or through online donations at **stnicholastacoma.org/donate.** For more information, please visit:

stnicholastacoma.org/stewardship.

2020 STEWARDSHIP CARD ST. NICHOLAS GREEK ORTHODOX CHURCH TACOMA, WASHINGTON



"Stewardship is an opportunity to examine our priorities and values. to express our thankfulness, to give of ourselves, and to grow in grace. It allows us to participate in the work of God. Giving is not a substitute for commitment - it is an expression of our commitment.

Fr. Soraphim Majmudar

Name (F/M/L):		"Those who seek the Lord shall never want for any good thing."
DOB (M/D/Y):		(Pralm 34:10)
Email:		OUR DONATIONS ARE IN THANKSGIVING TO GOD FOR HIS
Telephone:		CONTINUED BLESSINGS GIVEN TO US. OUR DONATION RE- FLECTS HOW MICH WE ARE RLESSED AND HOW THANKFIL
Spouse:		WE ARE; HOWEVER, WE ARE AWARE THAT GOD EXPECTS US
DOB (M/D/Y):		TO GIVE SACRIFICIALLY TO HIS WORK.
Email:		
Tolonhono-		2020 STEWARDSHIP COMMITMENT
Ielebilolie.		Stewardship contributions cover all of our parish operating
Household Information Address		expenses. An average contribution of approximately \$2000/year from each family would enable our parish to meet its operational expenses without depending on Festi- val revenue.
City/St/Zip		I/We offer a minimum stewardship pledge of
		\$/year or \$/
Dependent Children Name (F/MI/L) DOB (m/d/y)	Orthodox	month in 2020 to support God's work.
	(N/A)	-(Y/N) I/We understand that by participating in supporting our
	(N/X)	
	(N/N)	
	(N/N)	SIGNATURE

APRIL 2020

Saint Nicholas Messenger

St. Nicholas Greek Orthodox Church

1523 S Yakima Ave Tacoma, WA 98405

Address Service Requested





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