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## Receive and Be Sent! June 2023 Saint Nicholas Messenger

Beloved in the Lord,

Our lives as Orthodox Christians consist of a particular life-giving cycle of **making preparation, receiving a gift, and being sent into the world**. Such a cycle of events may seem most evident in the lives of the Holy Apostles and Disciples of the Lord, but in our own calling to the baptismal font, and being raised as dedicated servants of God, we receive that same apostolic call. How do we begin to take notice of this life-giving opportunity on a daily basis? This cycle begins on a daily basis in our offering of the *first things*, the first moments of our day in thanksgiving to God. Such offerings of our time and hearts help prepare us to make ready for the coming of the Lord, for the reception of the Gift most Divine. In the season of the Nativity, we often hear the following hymn:

*Make ready, O Bethlehem; for Eden hath been opened for all. Prepare, O Ephratha; for the Tree of life hath blossomed forth in the cave from the Virgin; for her womb did appear as a supersensual paradise in which is planted the divine Plant, whereof eating we shall live and not die as Adam.*

# St Nicholas Greek Orthodox Church

1523 S Yakima Ave

Tacoma, WA 98405

Phone: 253-272-0466

Parish Website: [stnicholastacoma.org](http://stnicholastacoma.org)

E-Mail: [mail@stnicholastacoma.org](mailto:mail@stnicholastacoma.org)

Administrative Office Hours: Tuesday–Friday 10:00 am - 3:00 pm



## Sunday Services

8:45 am Orthros

10:00 am Divine Liturgy

Please join us for Social/Coffee Hour in our downstairs hall, following the Divine Liturgy



## Fr. Anthony Cornett, Our Presiding Priest

For appointments, questions or urgent needs, Fr. Anthony is available 24/7 on his cell phone.

Fr. Anthony's Cell phone: 1-661-776-5237

Office Hours at St. Nicholas

— by appointment —

Email: [anthonymcornett@gmail.com](mailto:anthonymcornett@gmail.com)

*Saint Nicholas Messenger* is the official monthly newsletter of the St. Nicholas Greek Orthodox Church of Tacoma Washington

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**Media team:** Paula Karanasos, Fr. Anthony

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Submit content, comments, or corrections, addressed to the Editor at [mail@stnicholastacoma.org](mailto:mail@stnicholastacoma.org)

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# St. Nicholas Ministries

## AHEPA

Paul Apostle, President  
Chris Basil, Vice President  
Tony Panagiotu, Treasurer  
Andrew Kouklis, Secretary

## Akathist Group Prayer

Kathy Rowley

## Altar Servers

Dr Nick Themelis

## Bible Study

Genevieve Eagle

## Book Store

Dr. Nick Themelis

## Building Committee

Bill Acker

## Building, Grounds & Maintenance

Richard Heidal, John Pangis

## Choir

Rebecca Primis

## Hands of Love

Genevieve Eagle

## Military Service

LTC Gus Chamales

## Premarital Education

George Pirotis, Diane Pirotis

## Stewardship

Fenia Mavromichali

## 2023 Parish Council

Andrew Primis, President  
Fenia Mavromichali, Vice President  
Christina Leinneweber, Secretary  
Mark Robinson, Treasurer  
Yianni Charitou, Lisa Faithful, Kathy Johnson,  
Zachary Karanasos, Maria Koumantaros, Alan Means, Tony Paniagotu, and Bill Samaras

## Daughters of Penelope

Fenia Mavromichali – President  
Olga Manos– Vice President  
Evy Kontos - Treasurer  
D. Lord/H. McClure - Secretary

## Maids of Athena

Zoe Matteson-President  
Alexandra Lord -Vice President  
Katie McClure -Treasurer  
N. Serhan/A. Matteson - Secretary  
Ingrid Chamalas - Advisor  
Virginia McClure - Advisor

## Greek Folk Dance

Evy Kontos – Chair & Intermediate dancers  
Dr. Anastasia Fyntrilakis–Treasurer & Teen dancers

Krisann Firth – Costume Director  
Julie Kotsali – Board Member

Kelly Rosati – Beginner dancers

George Pirotis – Adult Group Instructor

## Philoptochos Society

Jane Evancho - President  
Hoddi Motz - Vice-President  
Merrilee Pangis - Secretary  
Ingrid Chamales - Treasurer

## Sunday School

*To be announced*

## Coffee Hour

Zach Karanasos

## IT, etc.

Bill Samaras

## Philia

Diane Pirotis

## Pro Life

Genevieve Eagle

## Greek School

George Pirotis

## Lazarus Group

Dean Hamos

## Pilgrimage

Zach Karanasos

## Prosphora Baking

Deborah Talbot

## Welcome

Gus Chamales

## Flowers & Church Decorating

Kathy Rowley/Genevieve Eagle

# Parish Council

Next Parish Council Meeting will be Tuesday June 13, 2023

JUNE 2023

Andrew, the Fool for Christ Hieromartyr Eutychius, Bishop of Mt ● 8:45am Orthros 2 more	Theodosia the Martyr ● 5:30pm Modern Greek (ZOOM)	Venerable Isaac the Confessor, Abbot ● 6pm Vespers	Hermias the Martyr ● 6pm Paraklesis ● 7pm Choir Practice 2 more	Justin Martyr the Philosopher, and the Venerable Justin of Celje ● 6:30am Divine Liturgy	Nicephorus the Confessor, Patriarch ● 10am Bible Study ● 6pm Small Compline (w/ Akathist) 2 more	Lucilian the Martyr, and those with him SATURDAY OF SOULS ● 8:45am Orthros 2 more
4 HOLY PENTECOST Metrophanes, Archbishop of Consta ● 8:45am Orthros 3 more	5 Boniface, Enlightener of Germany Hieromartyr Dorotheus, Bishop of Ty MONDAY OF HOLY SPIRIT ● 5:30pm Modern Greek (ZOOM)	6 Venerable Hilarion the New, Abbot of ● 6pm Vespers ● 7pm Building Committee	7 Hieromartyr Theodotus of Ancyra Panagis Basias ● 6pm Paraklesis ● 7pm Choir Practice 2 more	8 Glorification of St. John of Kronstadt Translation of the relics of the Great	9 Columba of Iona Cyril, Archbishop of Alexandria ● 8am Divine Liturgy 2 more	10 Hieromartyr Metrophanes of China, and Martyrs Alexander and Antonina ● 9am Festival Baking ● 6pm Vespers
11 ALL SAINTS SUNDAY Apostles Bartholomew and Barnaba Venerable Luke, Bishop of Simferopol 3 more	12 Apostles' Fast: No meat or dairy Onuphrius of Egypt, and Peter of Mo ● 5:30pm Modern Greek (ZOOM)	13 Aquila the Martyr ● 6pm Vespers ● 7pm Parish Council	14 Eliseus (Elisha) the Prophet Methoofius the Confessor, Patriarch 2 more	15 Amos the Prophet Augustine, Bishop of Hippo 2 more	16 Tikhon, Bishop of Amathus in Cyprus ● 10am Bible Study ● 6pm Small Compline (w/ Akathist) 3 more	17 Bede of Kharhoe Martyr Isaurus the Deacon and those 3 more
18 Apostles' Fast: No meat or dairy Martyr Leonitus, and those with him ● 8:45am Orthros 2 more	19 Apostles' Fast: No meat or dairy Jude the Apostle Venerable John Maximovich the W 2 more	20 Hieromartyr Methoofius, Bishop of P Oswald, King & Martyr of England 2 more	21 Martyr Julian of Tarsus ● 6pm Paraklesis ● 7pm Choir Practice 2 more	22 Alban, First Martyr of Britain Hieromartyr Eusebius, Bishop of Sar ● 6:30am Orthros	23 Monastery Feast: Goldendale Virgin Martyr Agrippina ● 10am Bible Study 3 more	24 Nativity of the Forerunner and Bapti 3 more
25 Apostles' Fast: No meat or dairy Venerable Martyr Fevronia ● 8:45am Orthros 2 more	26 Apostles' Fast: No meat or dairy Venerable David of Thessaloniki ● 5:30pm Modern Greek (ZOOM)	27 Miracle of St Menas at El Alamein Venerable Sampson the Hospitable ● 6pm Vespers 2 more	28 Icon of "Three Hands" Translation of the relics of the wond 2 more	29 Peter and Paul, the Chief Apostles	30 Synaxis of the Twelve Apostles ● 6:30am Divine Liturgy ● 10am Bible Study ● 6pm Small Compline (w/ Akathist)	Jul 1 Wonder-working Unmercenaries Co ● 6pm Vespers

The most up to date calendar is always found at the St. Nicholas web page:  
www.stnicholastacoma.org

# JUNE 2023 DAILY CALENDAR

## Thursday, June 1

Justin Martyr the Philosopher, and those with him  
Venerable Justin of Celije  
6:30am  
Divine Liturgy

## Saturday, June 3

Lucillian the Martyr, and those with him  
SATURDAY OF SOULS  
8:45am  
Orthros  
10:00am  
Divine Liturgy  
6:00pm  
Vespers

## Monday, June 5

Boniface, Enlightener of Germany  
Hieromartyr Dorotheus, Bishop of Tyre  
MONDAY OF HOLY SPIRIT  
5:30pm  
Modern Greek (ZOOM)

## Wednesday, June 7

Hieromartyr Theodotus of Ancyra  
Panagis Basias  
6:00pm  
Paraklesis  
7:00pm  
Choir Practice

## Friday, June 9

Columba of Iona  
Cyril, Archbishop of Alexandria  
8:00am  
Divine Liturgy  
10:00am  
Bible Study  
6:00pm  
Small Compline (w/ Akathist)

## Friday, June 2

Nicephorus the Confessor, Patriarch of Constantinople  
10:00am  
Bible Study  
6:00pm  
Small Compline (w/ Akathist)

## Sunday, June 4

HOLY PENTECOST  
Metrophanes, Archbishop of Constantinople  
8:45am  
Orthros  
10:00am  
Divine Liturgy w/ Kneeling Prayers  
12:00pm  
Coffee Hour: Team Tryfon  
6:00pm  
Vespers (Holy Spirit)

## Tuesday, June 6

Venerable Hilarion the New, Abbot of the Dalmatian Monastery  
6:00pm  
Vespers  
7:00pm  
Building Committee

## Thursday, June 8

Glorification of St John of Kronstadt  
Translation of the relics of the Great Martyr Theodore the Commander

## Saturday, June 10

Hieromartyr Metrophanes of China, and those with him  
Martyrs Alexander and Antonina  
6:00pm  
Vespers

# JUNE 2023 DAILY CALENDAR

## Sunday, June 11

ALL SAINTS SUNDAY

Apostles Bartholomew and Barnabas

Venerable Luke, Bishop of Simferopol and Crimea

8:45am

Orthros

10:00am

Divine Liturgy

12:00pm

Coffee Hour: Team Charitou

## Tuesday, June 13

Apostles' Fast: No meat or dairy

Aquilina the Martyr

6:00pm

Vespers

7:00pm

Parish Council

## Thursday, June 15

Apostles' Fast: No meat or dairy

Amos the Prophet

Augustine, Bishop of Hippo

Venerable Jerome

6:30am

Orthros

## Saturday, June 17

Apostles' Fast: No meat or dairy

Botolph of Ikanhoe

Martyr Isaurus the Deacon and those with him

Martyrs Manuel, Sabel, and Ismael

6:00pm

Vespers

## Monday, June 12

Apostles' Fast: No meat or dairy

Onuphrius of Egypt, and Peter of Mount Athos

5:30pm

Modern Greek (ZOOM)

## Wednesday, June 14

Apostles' Fast: No meat or dairy

Elisseus (Elisha) the Prophet

Methodius the Confessor, Patriarch of Constantinople

6:00pm

Paraklesis

7:00pm

Choir Practice

## Friday, June 16

Apostles' Fast: No meat or dairy

Tikhon, Bishop of Amathus in Cyprus

10:00am

Bible Study

6:00pm

Small Compline (w/ Akathist)

## Sunday, June 18

Apostles' Fast: No meat or dairy

Martyr Leontius, and those with him

8:45am

Orthros

10:00am

Divine Liturgy

12:00pm

Community Coffee Hour

# JUNE 2023 DAILY CALENDAR

## Monday, June 19

Apostles' Fast: No meat or dairy  
 Jude the Apostle  
 Venerable John Maximovitch the Wonder, Bishop  
 of San Franciscoworker  
 6:30am  
 Divine Liturgy  
 5:30pm  
 Modern Greek (ZOOM)

## Wednesday, June 21

Apostles' Fast: No meat or dairy  
 Martyr Julian of Tarsus  
 6:00pm  
 Paraklesis  
 7:00pm  
 Choir Practice

## Friday, June 23

Apostles' Fast: No meat or dairy  
 Monastery Feast: Goldendale  
 Virgin Martyr Agrippina  
 10:00am  
 Bible Study

## Sunday, June 25

Apostles' Fast: No meat or dairy  
 Venerable Martyr Febronia  
 8:45am  
 Orthros  
 10:00am  
 Divine Liturgy  
 12:00pm  
 Coffee Hour: Team Chamales

## Tuesday, June 27

Apostles' Fast: No meat or dairy  
 Miracle of St Menas at El Alamein  
 Venerable Sampson the Hospitable  
 6:00pm  
 Vespers

## Tuesday, June 20

Apostles' Fast: No meat or dairy  
 Hieromartyr Methodius, Bishop of Patara  
 Oswald, King & Martyr of England  
 Venerable Nicholas Cabasilas  
 6:00pm  
 Vespers

## Thursday, June 22

Apostles' Fast: No meat or dairy  
 Alban, First Martyr of Britain  
 Hieromartyr Eusebius, Bishop of Samosata  
 6:30am  
 Orthros

## Saturday, June 24

Apostles' Fast: No meat or dairy  
 Monastery Feast: Goldendale  
 Nativity of the Forerunner and Baptist John  
 Venerable Athanasios of Paros  
 6:00pm  
 Vespers

## Monday, June 26

Apostles' Fast: No meat or dairy  
 Venerable David of Thessaloniki  
 5:30pm  
 Modern Greek (ZOOM)

## Wednesday, June 28

Apostles' Fast: No meat or dairy  
 Icon of "Three Hands"  
 Translation of the relics of the wonder-working Un-  
 mercenaries Cyrus and John  
 5:00pm  
 VIGIL FOR STS PETER AND PAUL  
 8:30pm  
 FAST FREE Potluck following Vigil

# JUNE 2023 DAILY CALENDAR

Thursday, June 29

Peter and Paul, the Chief Apostles

Friday, June 30

Synaxis of the Twelve Apostles

6:30am

Divine Liturgy

10:00am

Bible Study

6:00pm

Small Compline (w/ Akathist)





## NEWS AND ANNOUNCEMENTS

### Parish Council Update

Fr. Anthony, Andrew Primis, and Zach Karanasos recently attended the 2023 Metropolis Clergy Laity Convention at St Nicholas Ranch in Dunlap, CA. This annual mandatory gathering is called by the Metropolis and our Archbishop Gerasimos as both a business meeting in which Metropolis Finances and overall Health are addressed and voted on, reports of various ministries and efforts of the Metropolis and Archdiocese are presented, and discussions of future initiatives are discussed, but is also an opportunity for spiritual edification and fortification at the adjoining Monastery of the Theotokos the Lifegiving Spring, as Clergy and Lay representatives from across the various geographic areas of our Metropolis of San Francisco.

A couple points of note: Thirty percent of the contribution to the Archdiocese comes back to the Metropolis of San Francisco, and effectively meets most of the Metropolis' operating budget. Another initiative is the transition to a new Youth Protection protocol. The screening process is mandatory for any person in contact with youth. Look forward for that roll-out from our Parish leadership here at St Nicholas.

Here at St Nicholas, we continue our work to improve in a number of ways including the recent installation of a new furnace, addressing landscaping and security issues, and supporting the work of Fr Anthony and ministries of the parish. We anticipate a General Assembly this summer to address a couple of key issues many have been asking about, so keep a lookout for that.

Most Importantly, A Blessed Pentecost to you All!

With Faith and Love,

Andrew Primis  
St. Nicholas Greek Orthodox Church  
Parish Council President

### AHEPA NOTICE

We are looking for new church members to join AHEPA. If you would like more information, you are welcome to attend any of our future meetings or you can call me directly at 253.405.3999. Future meeting dates will be posted in the church monthly messenger.

Thank you,

Paul Apostle  
President

# Festival News

Festival baking commenced on Saturday May 20. We thank the volunteers that attended. Please attend the next baking session beginning Saturday June 10 at 9 AM. You don't have to be present for the entire session. Just making one additional pan of baklava is greatly appreciated.

In other news, the sponsorship team has already raised over \$55, 000 toward our 60th festival.

Each year, the St. Nicholas Festival donates a part of the earnings to a worthy local non-profit community organization. The nomination period is now open to accept organization nominations from parishioners until Friday June 16. Voting will take place Sunday June 18 with paper ballots distributed after the liturgy. Please submit your nomination to our church administrator, Carol, by Friday June 16 by send email at admin@stnicholastac.org Please be sure to state the name of the organization. They must be located in the general Tacoma area and have non-profit status.

Thank you and looking forward to a great festival!

**All Baking Sessions begin at 9 AM**



**Please bring an apron, pastry brush and pot for melted butter if possible**

## Festival Baking Schedule

<u>SATURDAYS</u>	<u>WEEKDAYS</u>
Saturday, May 20	Monday, June 19
Saturday, June 10	Tuesday, June 20
Saturday, June 17	Monday, June 26
Saturday, June 24	Tuesday, June 27
Saturday, July 8	Monday, August 21
Saturday, July 15	Tuesday, August 22
Saturday, July 22	Monday, August 28
Saturday, July 29	Tuesday, August 29
Saturday, August 5	Monday, September 11
Saturday, August 12	Monday, September 18
Saturday, August 19	Monday, September 25
Saturday, August 26	Tuesday, September 26
Saturday, September 2	Wednesday, September 27
Saturday, September 9	Thursday, September 28
Saturday, September 16	Friday, September 29
Saturday, September 23	Monday, October 2
Saturday, September 30	Tuesday, October 3
	Wednesday, October 4

**Contact Evy for questions 253-377-2191**

# Coffee Hour



## COFFEE HOUR MINISTRY

### MISSION

- ✂ To extend the Holy Eucharist to social/coffee hour
- ✂ To express and manifest our faith by extending the hospitality we proclaim and by acknowledging the grace we have received during the Divine Liturgy
- ✂ To promote fellowship
- ✂ To connect with fellow parishioners, to welcome guests and to invite new faith seekers to our Church

### REQUIREMENTS TO JOIN THE MINISTRY

A servant's heart and a sense of love and care that is penetrating, engaging and inspiring.

### TEAM SCHEDULE FOR JUNE:

06/04/2023 JoAnn Tryfon 40 Day Memorial  
 06/11/2023 Team Charitou  
 06/18/2023 Community Coffee Hour\*  
 06/25/2023 Team Chamales

### TEAMS:

**Team Karanasos: Daphne Karanasos, Leader;** Anna Wilson, Christina Gretty, Zach Karanasos, Angie Wilen, Ann Koopman, John Kouklis, Pres Maria Armatas and Lisa Faithful Ishchenko

**Team Charitou: Yanni & Sophia Charitou, Leaders;** Fenia Mavromichali, Barbara Phillips, Sandra Ciarochi, Yvonne Brandvold, Marie Bell, Kathy Hermick and Maro Kouklis and Lisa Lauderback

**Team Chamales: Dr Ingrid Chamales, Leader;** Karen Samaras, Marion Palas, Sally Hallis, Chrysanthe Barnes, Rikki Kapes, Kathy Johnson and Sharon Kennedy

**Team Cedeno: Klauda Cedeno, Leader;** Evy Kontos, Irene Misiewicz, Gloria Brown, Deborah Talbot, and Scott & Rachael Parnell and Angela Montoya

**Men's Team: Ed Winskill, Leader;** Dr Fred Ehret, Bill Samaras, John Cook, Hugh Winskill, Andrew Phillips and Alex Misiewicz

\* **Community Coffee Hour:** Parishioners are encouraged to bring fruit, cookies, pastries, chips, etc. Just be aware that during fasting periods (Great Lent, Apostles, Panagia & Nativity), the items need to be vegan.

## 2023 PILGRIMAGE



# ST ANTHONY'S MONASTERY 2023 PILGRIMAGE

October 17 - 21

RESERVATION/DEPOSIT DUE  
JULY 2, 2023

# 2023 PILGRIMAGE

## Preliminary St Antony's Pilgrimage Itinerary

October 17-21 2023

### Tuesday:

7:00 AM: Flight departure  
 9:44 AM: Arrival in Phoenix. Transport by Blue Van shuttle to Monastery  
 ~Noon: Arrival at St Anthony's. Check-in & room assignment  
 2:00 PM: Meet at Bookstore courtyard for Fr Anthony's reflections  
 3:30 PM: 9<sup>th</sup> Hour & Vespers  
 4:30 PM: Dinner  
 ~5:00 PM: Small Compline  
 7 PM: Quiet hours start

### Wednesday:

~1 AM: Men's wake-up  
 1:30 AM: Midnight Hour, Orthos & Divine Liturgy  
 ~ 4:15 AM: Breakfast/rest/quiet hours  
 8 AM: Work Detail for men  
 11:30 AM: Lunch  
 12:30 PM: Meet at Bookstore courtyard for Fr Anthony's reflections  
 1:30 PM: Work Detail for men and/or Confession/Spiritual Counseling  
 3:30 PM: 9<sup>th</sup> Hour & Vespers  
 4:30 PM: Dinner  
 ~5:00 PM: Small Compline  
 7 PM: Quiet hours start

### Thursday:

~1 AM: Men's wake-up  
 1:30 AM: Midnight Hour, Orthos & Divine Liturgy  
 ~ 4:15 AM: Breakfast/rest/quiet hours  
 8 AM: Work Detail for men  
 11:30 AM: Lunch  
 12:30 PM: Meet at Bookstore courtyard for Fr Anthony's reflections  
 1:30 PM: Work Detail for men and/or Confession/Spiritual Counseling  
 3:30 PM: 9<sup>th</sup> Hour & Vespers  
 4:30 PM: Dinner  
 ~5:00 PM: Small Compline  
 7 PM: Quiet hours start

### Friday:

~1 AM: Men's wake-up  
 1:30 AM: Midnight Hour, Orthos & Divine Liturgy  
 ~ 4:15 AM: Breakfast/rest/quiet hours  
 8 AM: Work Detail for men  
 11:30 AM: Lunch  
 12:30 PM: Meet at Bookstore courtyard for Fr Anthony's reflections  
 1:30 PM: Work Detail for men and/or Confession/Spiritual Counseling  
 3:30 PM: 9<sup>th</sup> Hour & Vespers  
 4:30 PM: Dinner  
 ~5:30 PM: Small Compline  
 7 PM: Quiet hours start

### Saturday:

~1 AM: Men's wake-up  
 1:30 AM: Midnight Hour, Orthos & Divine Liturgy  
 ~ 4:15 AM: Breakfast/rest/quiet hours  
 8 AM: Work Detail for men  
 11:30 AM: Lunch  
 12:30 PM: Meet at Bookstore courtyard for Fr Anthony's reflections  
 2:30 PM: Meet at Bookstore courtyard for Blue Van Shuttle to airport  
 5:55 PM: Flight departure  
 9:07 PM: Arrival at Seatac

# 2023 PILGRIMAGE



## SAINT NICHOLAS GREEK ORTHODOX CHURCH



### ST ANTHONY'S PILGRIMAGE

OCTOBER 17-21 2023

### RESERVATION/DEPOSIT FORM

**\$50 PER PERSON DEPOSIT DUE JULY 2, 2023**

**Alaska Airline Flight Information:**

Flight # 606 leaves SeaTac on Tuesday, October 17 at 8:04 AM. Arrives in PHX at 11:00 AM  
Flight # 763 leaves PHX on Saturday, October 21 at 6 PM. Arrives in SeaTac at 9 PM

Approximate cost \$415 per person. Price includes airline tickets, shuttle service from PHX airport to the Monastery and from the Monastery to the PHX airport plus a small donation to Monastery. Lodging & meals are provided by St Anthony's. Final pricing will be known on August 1 when the ticketing is done. An email will be sent showing the remaining amount due (final pricing minus deposit paid). **Remaining amount will be due on August 6.**

Size is limited to 25 pilgrims. Your spot is reserved when you turn in this Reservation/Deposit form with your deposit. Please make your check payable to St Nicholas Greek Orthodox Church and on the memo line write "St Anthony's Pilgrimage".

**REFUND POLICY:** On or before August 17, 2023, full refund; from August 18 until October 14 no refund—unless you can find someone to take your spot. After October 13, if you find someone to take your spot, you will get a refund minus a \$125 name change fee.

**The exact name(s) and date of birth on the official issued identification is/are:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Address:**

\_\_\_\_\_

**Daytime Tel:** \_\_\_\_\_ **Evening Tel:** \_\_\_\_\_

**Cell:** \_\_\_\_\_ **Email:** \_\_\_\_\_

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1523 S Yakima Avenue, Tacoma, WA 98405 • (253) 272-0466 • [stmicholastacoma.org](http://stmicholastacoma.org)

## Modern Greek Language School



### 2023 Modern Greek Language School / Classes: Every Monday from 5:30—7:00 pm

General Information: **The classes are open to everyone** who may be interested to learn the Greek Language, History and Culture!

**Teacher - George Pirotis**

Contact Church Office - 253-272-0466

**Purpose** - The purpose of the Greek School is to promote the Greek letters, language, culture, and Hellenic Civilization. **The classes are open to all parishioners.**

**Students will learn Grammar, Modern Conversational Greek and some of the Biblical - Ancient Greek Terminology.**

To the satisfaction of the teacher, there is lots of energy, interest, and curiosity in the class in learning the **great influence of the "Greek Language and Hellenism"** to the "Western Civilization" and to the whole world!

**Yearly possible events and student involvement:**

**Ἀγιασμὸς** (Blessing) of the class at the beginning of the School year.

Sunday, October 29st, 2023 - **OXI Day Celebration.**

Thursday, March 26th, 2023 **Celebration, commemorating the March 25th, 1821 Revolution for the Greek Independence from the Ottoman Empire!**

**Cost: The classes are provided free of charge!**

George Pirotis-

## Philoptochos News

### President's Message

Greetings everyone! It is such a blessing that the Philoptochos mission is truly a valued part of St. Nicholas parish! Each of the events that Philoptochos has sponsored over the past year have been GENEROUSLY supported by not only parishioners, but even by visitors to our parish. Each event has seen an increase in giving over the previous year, and Philoptochos is humbled by the financial expression of your faith in our ability to help those who are needy in our local area and the wider orthodox community.

#### Significant activities include:

**Ladies Spring Lunch and Raffle** - Our famous luncheon and raffle was held on Saturday, May 6, 2023. Fourteen hostesses decorated 19 tables to welcome approximately 150 guests. Thanks again to the hostesses and volunteers for making this event memorable. This gala event included a Greek meal of pastichio, meatballs, dolmades, green salad and dessert buffet. Again this year we had a wide range of raffle items including women's accessories, live plants and gardening tools. Proceeds from this event will go to local community assistance.

**Class of 2023** -Philoptochos would like to acknowledge those members of our parish community who are graduating this year from high school, college, graduate school, or other training endeavor. Please contact Merrilee Pangis or Sally Hallis with the graduate's contact information. A Coffee Hour event will be scheduled in June to celebrate this notable event.

#### Recent activities to further our mission of helping those less fortunate and to promote participation in the Philoptochos Society:

**Donations to Community** - The St. Nicholas Chapter again received a large donation specifically designated for local charities. Funds have been provided to the Family Renewal Shelter, St. Leo's Food Connection, Hope Sparks, Care Net, and Fisher House. Funds will also be held for a future senior event.

**Chapter Board of Directors** - The chapter board election was held in May, in accordance with the national by-laws. 13 members were elected to a two year term, 2023-2025. They are: Yvonne Brandvold, Ingrid Chamales, Jane Evancho, Lisa Faithful, Sally Hallis, Kathleen Heidel, Kathy Johnson, Olga Manos, Susie Manthou, Hariklia (Hoddi) Motz, Merrilee Pangis, Diane Pirodis, and Kalitsa Xitco. The board will meet to elect officers in June.

**Membership** - Our year starts in January and runs through December. We currently have 47 members, both new and renewals, for the 2023 year. Please ask any member about Philoptochos-it is the Orthodox Church's Women's Ministry. Please contact Jane Evancho for membership payment. The membership is \$30 for the year. We encourage our Greek Orthodox friends to join us. They can be involved as much or as little as they wish. We welcome you all to our group. There is a lot of satisfaction in doing things for the common good and helping our church and the less fortunate among us...

Thank you so much for your support!

Jane --

*Continued next page...*



# Philoptochos News, Ladies Spring Lunch



*Hariklia (Hoddi) Motz  
Preparing pastichio for the luncheon*



*Jane Evancho and Sandy Dutton — table set up.*

*Father Anthony's daughters  
waiting for the raffle to  
begin.*



*Raffle tables extraordinaire  
and a full dessert table.*



# Philoptochos News, Ladies Spring Lunch



*—Mary Sudar's table—in memory of Beverly Eleana Brown—*



*Dessert and raffle tables*

# Building Committee

## JUNE BUILDING COMMITTEE REPORT

Deciding on what to ultimately do with the Dining Hall and Upper Hall roofs is still under review with the Parish Council and Building Committee, Because both would entail large spending commitments, it is preferred to take the extra time to verify the most prudent approach rather than act in haste and possibly have buyer's remorse afterwards.

One significant item that was verified with a licensed architect this last month is that since there is a empty space above the ceilings of the kitchen and dining areas which is nominally ventilated with outside air, there would be no point to insulate the top side of the roof deck further above, as it would be the equivalent of replacing old drafty windows with expensive energy-efficient new ones that are always kept open.

The long and short is that without being required to insulate, replaced roofing reduces its overall cost and simplifies the work scope. Holding off on insulating provides an incentive for another possible future upgrade project, namely to renovate the Dining and Kitchen area interiors. At first blush, this scope could entail replacing its current dingy looking ceilings, outdated lighting, and an old loud & blustery unit heater with a new HVAC system that would include air conditioning. And of course the ceilings would be insulated as well.

But interior renovation is at least a step or two beyond taking care of the immediate concern of replacing the Dining Hall and Kitchen area roofing, which has been unreliable, and intermittently allowing ceiling drips to occur after rain storms for the last 5 to 10 years.

Realistically, at this point it looks like the most feasible time to replace the Dining Hall and Kitchen roofing, should it be approved, would be right after Pascha in May of 2024. For this to happen, a Parish Council and subsequent General Assembly approval should be obtained by the beginning of 2024, if not sooner, to allow adequate time for design, permitting, soliciting to bidders, the bidding process itself, and the awarding of contract. The actual field work should not take much more than a few weeks to complete.

**PHOTO NOTES:**

*The right and lower right photos show vented soffits at two sides of the Dining Hall & Kitchen roof that allow outside air in to ventilate spaces above finished ceilings. The lower left is a photo of the Dining Hall interiors. As a future possibly, it might be desirable to replace its dated ceilings, lighting, and heating, with new cooling included, and provide current code insulation for added comfort.*



## Cover Story Continued...

This hymn continues to speak to our hearts throughout the calendar year, as we are called to continually prepare for receiving the Lord at each offering of the Divine Liturgy and distribution of the Holy Eucharist—the very Body and Blood of our Lord, who seeks to find a place worthy to lay His head within us. (Matt. 8:20)

The offering of first things of our day may begin with gratitude and thanksgiving, but we may also find it opportune to offer this time for supplication—to ask God to assist us in a particular stumbling block that may have stopped us at the threshold of the Heavenly Banquet. In asking God, in asking our patron saint, in asking one another for their prayers, we do not simply offer our struggle onto their shoulders, wiping our hands clean of the situation, but rather we join in concert so *that* we can begin to struggle. The Ark of Salvation doesn't consist of multitudes of skiffs, each with an individual operator. The Ark of Salvation is a unified ship, with a unified trajectory, whose captain is Christ.

In our own participation in *making ready*, in our own offering of first things to God, we are also offered the life-giving opportunity to fast. We are likely most familiar with the 40-Day fasts of Lent and Nativity, as well as the blessed first few weeks dedicated to Panagia's Dormition in the month of August. However, one more opportunity is bestowed upon us that can easily be overlooked, yet speaks so much to our own cycle of *preparation, receiving, and being sent*: **The Apostles Fast**. This fast occurs after the fast-free week of Great and Holy Pentecost (the reception of the Holy Spirit), and leads into the feast honoring the chief Apostles Peter and Paul (June 29th). For the variable nature of the date of Pentecost, sometimes this fast only lasts for a few days, but this year we are blessed with a few weeks, beginning Monday the 12th of June.

The culmination of such preparation to receive the Lord is in the reception of the Sacred and Life-Giving Communion at the Liturgy. ***This year, we will be offering an evening Vigil service on the 28th, beginning with Vespers at 5pm, and concluding with the Divine Liturgy by 8:30pm or so. We encourage all of our beloved families to join, and also bring any non-fasting potluck items so that we can break the fast together in joy and fellowship.***

Once receiving the life-giving gift of the Holy Spirit on the day of Pentecost, the Apostles prepared themselves to be sent out into the world in order to preach the Gospel, and baptize in the name of the Holy Trinity. In honor of this, we Orthodox Christians, also prepare ourselves to receive our own apostolic call on a daily basis in the opportunities God has placed in our path to draw closer to Him.

May we join with the Holy Apostles in this most blessed month of June, to prepare ourselves for receiving the Gift of Life, as we are sent out into a world in such need of His salvific Ark.

In Christ,

Fr. Anthony Cornett



# ST. NICHOLAS AKATHIST MINISTRY

## Ministry of Akathist, Prayers for the Departed

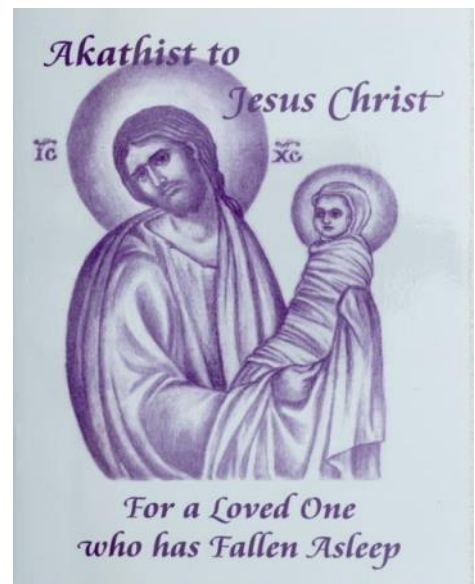


Thank you to all who are involved in this wonderful ministry at Saint Nicholas. In offering the gift of praying the Akathist to Jesus Christ for a Loved One who Has Fallen Asleep, it is a great comfort to family and friends of the departed ones.

When we offer these prayers for the newly departed, it also helps us in many ways. **May God bless your gift of prayer.**

If you are interested in knowing more about this ministry, or would like to be involved, please contact the church office.

Thank you again,  
Kathy Rowley



# St. Nicholas Bible Study

The Book of Acts  
**FATHER ANTHONY CORNETT**  
 our new priest and Bible Study teacher



**Father Anthony:** The **Book of Acts** is, kind of, nicknamed the **Gospel of the Holy Spirit** as I see it's already written here on the whiteboard. The longer title is the **Book of the Acts of the Apostles**. Why is it nicknamed the "Gospel of the Holy Spirit"? Who is acting within the lives of the early Church, within the lives of the Apostles? But, of course, the imbuing of the Holy Spirit, Himself. We have the nurturing of the disciples in the Gospel books and the fruit of the Spirit is shown in this beautiful **Book of Acts**. **Acts** serves as a "Part B" or second half of a particular Gospel Book. Who is the author of the **Book of Acts**?

**Various replies:** Luke

**Father Anthony:** We have Luke the Evangelist as the Gospel writer and author of the **Book of Acts**. Of whom was Luke the disciple?

**Various replies:** St. Paul.

**Father Anthony:** In fact, Luke learned the Gospel of Christ from St. Paul. This shows apostolic succession within Scripture – the transmission of the Gospel. Was Paul walking around with Christ and the twelve disciples? No. In fact, he was persecuting them. Through Paul's learning of the Gospel and through his coming together with the disciples of the Lord, he offers that Gospel message to Luke. Luke was not in the inter-working with the Twelve or the Three (Peter, James & John) but a surrounding member. He was often thought that Luke was one of the Seventy (those who were paired up in two's and sent out). The word apostle means to be sent out to proclaim the Good News. We have the apostolic faith of Orthodoxy, not just because we have apostolic succession (uninterrupted line of the Apostles laying hands on bishop after bishop in ordination of priests and bishops) but also the doctrine of God – the teachings of God. Many Holy Fathers will proclaim that the Myrrh-bearing women were the first Apostles to God. They may not be listed among the Twelve, but truly they are delivering the apostolic message to the world - first to the disciples and then throughout the world. This Sunday we will be celebrating the feast day of the Samaritan woman, St. Photini and her beautiful account of becoming, truly, an apostle to the Gospel message.

## 12 Disciples (Acts 1:13)

- 1) Peter
- 2) John
- 3) James

- 7) Bartholomew (Nathaniel)
- 8) Matthew
- 9) James (of Alphaeus)

## St. Nicholas Bible Study

- 4) Andrew
- 5) Philip
- 6) Thomas

- 10) Simon the Zealot
- 11) Judas or Jude (of James)
- 12) Judas (Iscaariot) replaced by: Matthias

**Father Anthony:** I'm sure the Holy Fathers have said there is significance in the order of the listing of the Apostles. Obviously, within the listing of the first three you see the "Chief" disciples of the Lord, Peter, James and John. Jesus' name in the Old Testament was Joshua, the name Jesus is from the Latin, based on the Greek. The name James was not an OT name either. The name James didn't come around until the time of the King James translation of the Bible. Iakovos (Giacomo) or Jacob was the name used during that period. Early on in the transmission of the Gospel Book into English, they wanted to differentiate some of the OT names from the NT names so as not to confuse or conflate them.

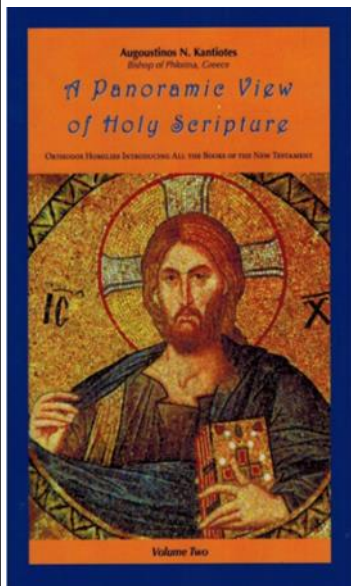
**Source: goarch.org:** The arrangement of names in these lists are made in three steps, with changes occurring in each step. Peter appears first and Judas last. There is no primacy of Peter in the sense of jurisdiction or authority over his fellow Apostles. Such an authority Peter never received and never exercised. "His position is that of the foremost among equals; a position due not to any formal or official appointment, but to the ardor and force of his nature." (Hastings)

### Homilies of Acts:

- 1) Peter at Pentecost (Acts 2: 14 – 36)
- 2) Stephen on day of Trial (Acts 7: 1 – 53)
- 3) Paul at Areopagus (Acts 17: 22 – 31)
- 4) Paul's farewell at Miletus to presbyters of Ephesus (Acts 20: 18 – 35)
- 5) Paul to Jews at Roman camp in Jerusalem (Acts 22: 1 – 22)
- 6) Paul in bonds to Governor Felix (Acts 24: 10 – 21) and King Agrippa (Acts 26: 2 – 23)

Within the Book of Acts we see a beautiful compilation not simply of the early formation of the Church but also a beautiful library of homilies. They are often testimonies of the Gospel message, testimonies of Christ and sometimes at someone's trial or martyrdom. They are beautiful examples for all of us: wishing to witness the Gospel message and wishing to witness the Lord in our communities, if nothing else, to find inspiration in this list of homilies.

Another text that I would like to cover is from the book, "**A Panoramic View of Holy Scripture, Vol. II**" by Agoustinos N. Kantiotes, Bishop of Phlorina, Greece (of blessed memory). It covers the individual Books of the New Testament and are brief overviews of what we are looking at:



**Acts of the Apostles: Mission:** You shall be my witnesses to the end of the earth.

*The Acts of the Apostles, beloved, is the fifth Book of the New Testament, and Luke who wrote the third Gospel, is its author. This Book is called Acts, not "The Acts" because, as the interpreters observed, it does not contain, in detail, all the events of the lives and deeds of the Apostles; but only certain of them. Especially, the chief Apostles, Peter and Paul who are enough to give us a vivid picture of the first Church. The Book is historical – Luke has been proved an excellent historian. The first and essential acts of an historian is the truth. Whatever he says must be true and has been proved by archeological research. All that Luke related with his graceful language corresponds absolutely to reality. For example, Paul's journey on the Mediterranean which is described in Chapter 27 of Acts, is full of adventures. During the voyage, the ship was in danger of sinking and as an experienced seaman says, with the details that are mentioned, it is certain that it is not a creation of fantasy but a description of a real event which Luke lived through as a co-traveler with Paul. The credibility of the author is further proven through some sorrowful events which darken the brightness of the apostolic age. For example, the lie of Ananias and Sapphira. Or perhaps, the sorrowful situation of a disagreement between Paul and Barnabas. They are omitted, but described in great detail.*

## St. Nicholas Bible Study

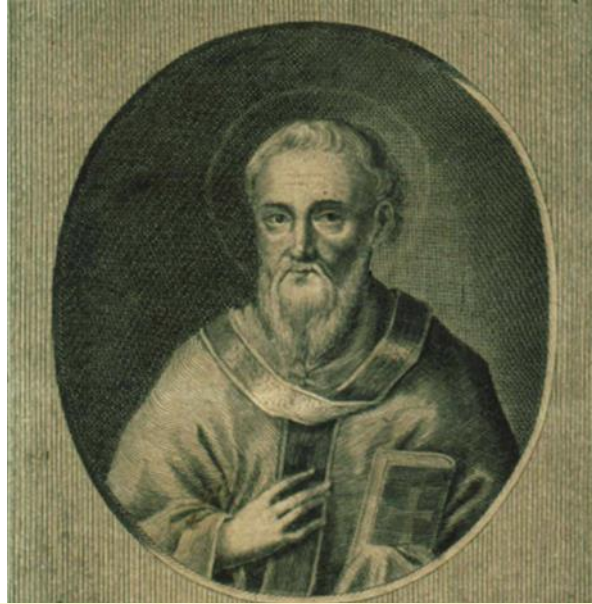
**Father Anthony:** What he is trying to describe here, is if it was called “The Acts”, that would indicate a strict record or document. The lie of Ananias and Sapphira is something that you would have covered in Chapter 5. We’ll talk a little more about it in this study as well. If this was an act of fiction, it would be easy to delete those sorrowful times. The film, “One Hour Photo”, is about an asocial (Robin Williams) who works at a 1 hour Photo mart and develops a, sort of, social relationship with the customers, but at the end of the day he goes home to himself. He has this touching monologue about the nature of snapshots of family lives and says people only develop photographs of the happy times. He said because of that “I don’t have any childhood photographs.” And so he develops this unhealthy relationship by printing out an extra copy of photos of those people whom he relates to throughout his day. Towards the end of the movie, you see a wall in his house covered with family photos of people who are not his family. But it’s true, you always see photos of happy times. In Scripture, Christ said He was not there to be the judge at that time, but to call the “lost sheep of Israel”. His point was to draw them back in and wake them up. The polemic nature of speech works effectively to an inner-family dynamic. When Christ speaks to these people (scribes, Pharisees and Sadducees) the language is strongly worded because they know better – they are accountable for their actions. You hear Christ say, “You say in your law...”, isn’t it His law too? Is He not the Giver of the law? We see Moses as the transmitter of the law, but the Word of God is the “Giver” of the law. When Christ says, “Your law”, it is to convict them and shake them up a little bit and to remind them of their true calling. This is to remind them to prepare themselves for the “Day of the Lord” and to receive the Lord in Holy Communion. We see no shying away from the difficult things. In fact, this is the purpose of Scripture, to face the difficult times with the grace of God. You see this also in the history of the Orthodox Church. The Bishop of Constantinople, Nestorius, refused to call the Virgin Mary, the Mother of God, Theotokos. In his refusal, he refused Who Christ is because the Theotokos is pointing to Whom Christ is. She not only gave birth to the “Anointed One” but to God (Theos). Nestorius led our Church, but we don’t write him out of our history because of his heresy. Scripture doesn’t write Judas Iscariot out of history. It shows that he was a chief disciple and treasurer of Christ and the disciples. The Holy Fathers didn’t say, “Oops, that was a mistake.” Adam and Eve, who were walking and talking with the Lord in the Garden – “Oops, that was a mistake – let’s write them out and start fresh.” The same with the lives of the Saints. The beauty of the lives of the Saints is the hardships that they endured. What were some of the pre-dispositions that led them to a life away from God and what brought them back to God? There’s a beautiful set of books that Metropolitan Augustinos has on the lives of the Saints that lists them by their occupation “known by” (doctor, gardener, etc.). It’s an interesting way to approach them – it relates differently with each reader.

When we speak about the Holy Gospel, the proclamation of the Good News, the Holy Gospel is singular. We have Books of the Holy Gospel, accounts, but when we proclaim the Gospel in the Church it’s “*We proclaim the Holy Gospel according to (i.e.) Luke...*”. It’s a personal helper for me to know the Gospel is singular, there’s one Gospel with many accounts. We have our own account of the Gospel. Luke, too, who learned the Gospel through Paul writes his own Gospel account and he gives it an address as he does the **Book of Acts**.

In the beginning of the **Book of Acts**, this again is written to Theophilus. Presuming that Theophilus had already heard the Gospel message, St. Luke is offering an exact account to give to Theophilus, who is a neophyte. Early on in the Church the **Gospel, according to Luke**, and the **Book of Acts** were often combined as a booklet unto itself and given to Catechumens, neophytes and Newly Illumined Christians. The blessed Theophylact of Ochrid, a wonderful saint of our Church and commentator, writes the following as an introduction to the **Gospel account according to St. Luke**:



## St. Nicholas Bible Study

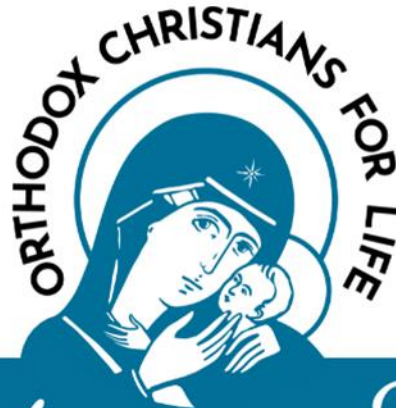


The divine Luke, an Antiochian and a physician, had a great knowledge of natural philosophy; but he was also much practiced in Hebrew learning. He lived in Jerusalem at the time when our Lord was teaching, so that some say that he himself became one of the seventy apostles, and together with Cleopas, met the Lord after He rose from the dead. After the Lord ascended, and Paul believed, Luke became a close companion and follower of Paul. He wrote his Gospel with great accuracy, as his preface makes clear. He wrote the Gospel fifteen years after the Lord's Ascension. He writes it to a certain Theophilus, a senator and perhaps a magistrate as well, calling him "most excellent". Magistrates and governors are addressed in this fashion, as when Paul said to the governor Festus, "O most excellent Festus".<sup>1</sup> Everyone who loves God and exercises dominion over his passions is a "Theophilus" and "most excellent", and it is he who is truly worthy to hear the Gospel.

**Father Anthony:** Here the blessed St. Theophylact uses the name of Theophilus and says that it is not just some historical account, but we as hearers of the Gospel account and we as hearers of the **Acts of the Apostles** also become Theophilus and receive his name and title as well by God's grace.

*Submitted by: Genevieve*

## ST. NICHOLAS PRO-LIFE MINISTRY



# Ministry OF THE Month

St. Alexis Orthodox Church - Battle Ground, IN

Christ is risen! Truly He is risen!

Please enjoy this profile of our April Ministry of the Month leader, a long-time pro-life advocate whose dedication and service to those in need is inspiring.

April Ministry of the Month: St. Alexis ACROD, Battle Ground, IN

Ministry Leader: Matushka Joanne Allard



### ***Tell us about yourself!***

I'm married to the priest at our parish and he has been in the ministry for 23 years. I have been his partner in that. We served for 12 years in Lutheran parishes before coming to Orthodoxy. We have one son. I have been retired for ten years but was a special needs teacher for almost all my career. I also served as a school principal for 12 years. My retirement job, if you want to call it a job, is working with our local pregnancy resource center, Bravely Women's Health.

*Continued next page...*

## ST. NICHOLAS PRO-LIFE MINISTRY

### ***What is your background in the pro-life movement?***

I've been involved in pro-life activities most of my adult life. As a mom, I am conscious of all the challenges motherhood brings. As a teacher, I was faced with young women over the years that got pregnant and did not have any clue what they were doing. Of course, the popular opinion was that they were too young to have a baby and that they needed to have an abortion. Through those experiences, I saw the importance of having not just a shoulder to cry on, but someone who could mentor these new mothers.

I first heard about our local pregnancy resource center when we moved to Lafayette. So, I first got involved as a volunteer. I did some summer sessions with groups of young mothers. This soon morphed into also working with the program that provides clothing and diapers and formula. Now. . . I'm there two or three times a week. It's been a great way for me to share, not just my faith, but my practical experiences as both a mother and a teacher.



### ***How does your parish work with your local pregnancy center?***

As a parish, we had been involved with the local pregnancy resource center for many years before we knew about Orthodox Christians for Life. We have been involved in everything from fundraising to diaper drives. We do clothing drives and we have done the baby bottle campaign. But, it is an effort by the whole parish. When people ask 'who is a member of your OCLife ministry,' it's technically everybody. It's not a club. It's part of what we do every day for outreach and benevolence and everybody is involved in some way.

### ***Why is the pro-life cause important to you?***

I think it is important as Christians for us to understand that to be pro-life means more than just waving a flag or dropping a few coins in a bottle. That's not what is important. While it can play a role, it is more important to live out your faith and what we believe as Orthodox Christians every day. And this is one way we can do that. Maybe for some people, it's a small way, but you shouldn't feel bad about that. Your little contribution will make a big impact.

*Continued next page...*

## ST. NICHOLAS PRO-LIFE MINISTRY



### ***How is your parish working to educate the youth about abortion?***

It has become a part of our larger Christian education program. We need to instill in them the idea that Christianity is not just a belief system, it's a way of life. So, if you say you're a Christian, here are the things that Christians do. As Christians, we are called to go out into the world and do things. You can't just sit in your prayer corner and pray, although even that's a good thing. You must get out there and "do" as well. We work to involve the littlest ones in any project the larger parish is involved in. That shows them that nobody is too little to be able to have a great impact.

### ***Do you have any words of encouragement for parishes that are considering joining OCLife?***

Don't be afraid. If you are honest in your expression of your faith and you pray to God to support you, He will not let you down. Don't be afraid to just step out there, especially when it is such a worthy mission. It is okay to start small. You can start with one event or one thing, and build from there. If you wait to have that group of 50 people, you may never start because you never think it's the right time.

I'm so pleased that OCLife has been revived and is really expanding. It's so important for us as Orthodox Christians to join this nationwide effort. We need to stand up and make our beliefs known to the world.

***Thank you to Matushka Joanne and St. Alexis Church!***



## St. Nicholas Flower Ministry

Equal of the Apostles and Emperor Constantine with his Mother Helen  
Celebrated May 21



Χρόνια Πολλά and thanks to Gus and Ingrid Chamales for their contribution to the Flower Ministry on their feast day!!

Submitted by: Genevieve

# PROSPHORA

## PROVIDING THE OFFERING

*Your own of your own we offer unto You, on behalf of all and for all.*

Despina Ampatzis brings the offering the first Sunday of every month.

Stephen Gorham brings the offering the third Sunday of every month.

Fenia Mavromichali brings the offering the fourth Sunday of every month.

Regular Sunday prospora bakers are needed.



*Left: a basket of Prospora. Right: a basket of artoklasia. The artoklasia does not need to be decorated. It is a sweet bread offered at Vespers in five loaves (from the Gospel accounts of feeding 5000+) in honor of the Lord, or the Theotokos, or a saint. Artoklasia means breaking bread.*



The blessing of the artoklasia from the GOARCH website:

**Priest:** Lord, Jesus Christ, our God, You blessed the five loaves in the wilderness and from them five thousand men were filled. Bless now these loaves, the wheat, the wine and oil and multiply them in this holy church, this city, in the homes of those who celebrate today, and in Your whole world. And sanctify Your faithful servants who partake of them.

**Priest:** For You are He who blesses and sanctifies all things, Christ our God, and to You we offer up glory together with Your eternal Father and Your holy, good, and life-creating Spirit, now and forever and to the ages of ages.

**People:** Amen.

**The Priest kisses the loaf and then enters the holy sanctuary, singing:**

The rich have grown poor and gone hungry but those who seek the Lord shall not lack any good thing.

(3)

*Submitted by: Deborah Talbot*

## STEWARDSHIP MINISTRY NEWS

The Stewardship Ministry encourages all parishioners to fill out and submit a **yearly** donation/stewardship card so that we can maintain an accurate registry of information and commitment.

The ministry is grateful to the following individuals and families who have supported our church by completing a 2023 stewardship card and or have made a contribution to St. Nicholas Greek Orthodox Church to date. As always, we honor those who make contributions of time, talent and treasure as well. YOU make St. Nicholas the wonderful place that it is to worship our Lord and Savior, Jesus Christ.

### 2023 Donations and or commitments as of May 17, 2023

Jim and Carol Abel *	William and Mary Acker *
AHEPA	Leonidas and Despina Alatsis *
Patra Alatsis	George and Despina Ampatzis
Sonny and Irene Angelos *	Rick and Marlene Angelus *
Elena M. Apostle *	Paul and Dolores Apostle *
Tony and Lori Apostle *	Andrew and Sheila Auter
Tina Ayers	George Ballasiotes
Tyler and Lexi Balser	Costa and Donna Basil*
Harry C. and Cheri Basil*	T.L. Berg
Theodora Bessinas*	John and Terri Botsis
Yvonne Brandvold*	Dora Brown
Monica Bultz	Deborah Middleton and Barry Cassidy
Klaudia Cedeno	C.G. and Ingrid Chamales*
Steven Chamales	Christine Chansley
Yianni and Sophia Charitou*	Reagan Charuhas
Chris Cherbas	Anthony and Sandra Ciarochi*
John and Maria Cook*	Nick and Cheryl Cosmakos*
Belinda and Chris Cummins	Sharmarie and Troy Dares*
Daughters of Penelope	Beverly Deliyianides
Dina Deliyianides*	John Diaconou
Jacqueline Dionas*	Sandra Dutton*
Gretchen (Genevieve) Eagle*	Timothy and Sunny Edgren*
Frederick and Anastasia Ehret	Andrew and Jane Evancho
Mary Erickson	Krisann and Peter Firth*
Tanner and Liliana Foster*	Deena Fotinopoulos
James and Konstantoula Fotinopoulos	Gregory Garcia*
Gig Harbor Law	John and Judy Godulas*
Stephen and Claire Gorham*	Sally Hallis*
Dean and Carol Hamos*	Michael and Kristine Hanberg
Daniel and Ekaterini Hanson*	Natalya Harpe
Timothy and Kathleen Harvey*	Brent and Evangelia Hassel
Richard and Kathleen Heidal*	William Frederick Lincoln Horton*
Radu Adrien and Ramona Ionita-Florea	Kathy Johnson and Jim Belsvig

# STEWARDSHIP MINISTRY NEWS

Hariklia "Rikki" Kapes*	Anna Karanasos*
Paula Karanasos*	Zachary and Daphne Karanasos*
Sharon Kennedy*	Naser and Catalina Khalaj
Claudia Kieszling*	Stephen Kinyanjui
Evan and Despina Kipelidis	Ann Kiraki and Jessee Macharia*
Mark and Evy Kontos Matteson	Anna Koopman*
Steve Koukles*	John C. Couklis
Maria Koumantaros*	Peter and Margaret Laketa
Elia and Nicheline Lakkis*	Rober and Anne Latz*
Lisa Lauderback*	Christina Leinneuber*
Mary Leonard	Hugh and Marella Lewis*
George and Bess Lurker*	Fr. Seraphim and Sophie Majmudar
Olga Lynn Manos*	Chris and Susan Manthou*
Matthew Manthou*	Carol MartinOki
Katherine and Gregory Mason*	Dean and Julie Mastras*
Iphigenia Mavromichali*	Viki Mcarty*
Helen and George McClure	Alan and Sheilagh Means
Charles and Gail Mentis*	Tatyana Mikeladze
Angela Montoya*	Nina Morrison
Dick and Hariklia (Hoddi) Motz	Michael and Rodica Murphy*
David and Katrina Orriss*	Oscar T. and Olivann Hokold Foundation
Geroge Panagiotu	Perry Panagiotu
Tony and Debbie Panagiotu*	Alex Pangis*
John and Merrilee Pangis*	Scott and Rachael Parnell
Kesha Patel	Patriot Fire Protection, Inc.
George and Diane Pirotis*	Charles and Lena Plunkett*
Steve and Kathleen Politakis*	Andrew and Rebecca Primis*
Emmanuel Psilovikos	Martin J. and Lorissa C. Reiter III
Paul Rondo	Rush Commercial Construction, Inc.
Katherine Salatas	Neal (Barnabas) Schaefer
Richard and Alexandra Schutt*	St. Nicholas Philoptochos Society
Richard and Denise Stahl*	Stellar Industrial Supply, Inc.
Andy and JoAnn Stergachis*	Liam Sullivan
Rob (Moses) and Lea (Mary) Sullivan	Jacob Herman Swain*
Jeffrey Swain*	James and Jenise Sweeney*
Nicholas and Becky Themelis*	Edward Tuohy
Roxanne Vallantine*	Michael Jane White*
Jeffrey and Janice Williams	Edward Winskill*
Hugh Winskill	Daniel and Mary Wright
John snf zksliyds Xitco*	YMCA of Pierce and Kitsap Counties
Tasso and Sarah Zambaras*	Matthew and Leigh Ann Zehnder
Luai Zureikat	

\* indicates those individuals who have filled out the Stewardship/donation commitment form.



## ALL SAINTS CAMP 2023

### All Saints Camp 2023 Registration is Open!

Camper Registration for All Saints Camp 2023 opened Wednesday, 1/25 at 8:30am! Our overnight camp takes place in beautiful Gig Harbor, WA on Raft Island at All Saints Camp. Campers have the chance to experience the outdoors, make new friends, grow in their Orthodox spirituality, and have lots of fun! Each day features time in Orthodox Life and Chapel, Arts & Crafts, games at the Sports Court, time outside on the dock and beach, and hiking Camp's many trails, swimming at a local pool, cabin activities and competitions, and campfire each evening.

### We are excited to offer two sessions this year:

- Elementary (Campers entering grades 3-5 in Fall 2023)
- Intermediate (Campers entering grades 6-8 in Fall 2023).

### Early Bird Rates through March 1st, 2023:

- First camper registration fee: \$400
- Any additional campers registration: \$375/camper



Register today for  
All Saints Camp  
Summer Sessions 2023!

ELEMENTARY (GRADES 3-5):

JULY 9-15TH

INTERMEDIATE (GRADES 6-8):

JULY 16- 22ND

[www.allsaintscamp.com](http://www.allsaintscamp.com)

**BITE OF GREECE**



**BITE  
OF  
GREECE**

**JUNE 2-3-4, 2023**

**ON SEATTLE'S  
CAPITOL HILL!**

**FRIDAY 4-10PM  
SATURDAY 11AM -10PM  
SUNDAY NOON-6PM**


**ASSUMPTION GREEK ORTHODOX CHURCH**

**1804 13TH AVE. SEATTLE, WA 98122**

[www.biteofgreceseattle.com](http://www.biteofgreceseattle.com)

# YOUTH DANCE

WITH THE BLESSING OF FR DAVID HOVIK  
HOLY TRANSFIGURATION ACADEMY  
WOULD LIKE TO INVITE YOU TO A



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# TEEN FORMAL

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Saturday June 17th, 2023

Saint Andrew Orthodox Church  
230 E Burke Ave Arlington, WA 98223


**6:00-10:00pm | Tickets \$35**



Register at  
[www.holytransfiguration.academy](http://www.holytransfiguration.academy)

Ages 13+ | Chaperones 18+  
Modest Semi-Formal Attire Requested

## YOUTH DANCE



Ages 13+ | Chaperones 18+


Due to the nature of this event, please pre-register.

A photographer will be on site to take digital photos. "Couples" and "Group" photos will be available.

Refreshments Provided. Please contact in the event there are any allergies.  
Safety is our top priority.

Please coordinate carpools and if an overnight stay is necessary please contact us to help coordinate your stay.

Every participant under the age of 18 will need to have filled out a parent permission form that will be emailed to you upon registration.



# Donations and Pledges

## On line Donations now possible

### ON-LINE DONATIONS

The donation section of the Church’s website has been revamped to include a link to a new on-line donation form. The form allows one-time donations, setup for automatic recurring donations, and selection of donation purpose. There is also a note section to inform Church accounting of special handling needs, such as memorial donations or address changes. Church on-line donations are directed to the Church through WePay (a Chase Bank Affiliate) and Aplos Software, LLC. Donors contributing on-line receive an email thanking them for their donation. In addition, through a link in the donation notification, each donor can setup their own Aplos account to view a list of on-line donations, manage recurring donations, and to view and print a contributions statement.



Please be aware that in converting to this software I noticed multiple duplicative account names. In some instances, I will need to merge duplicate accounts so the contribution statement accurately combines into one statement both the on-line donations and check and cash donations. The unique identifier for this purpose is a valid email address.

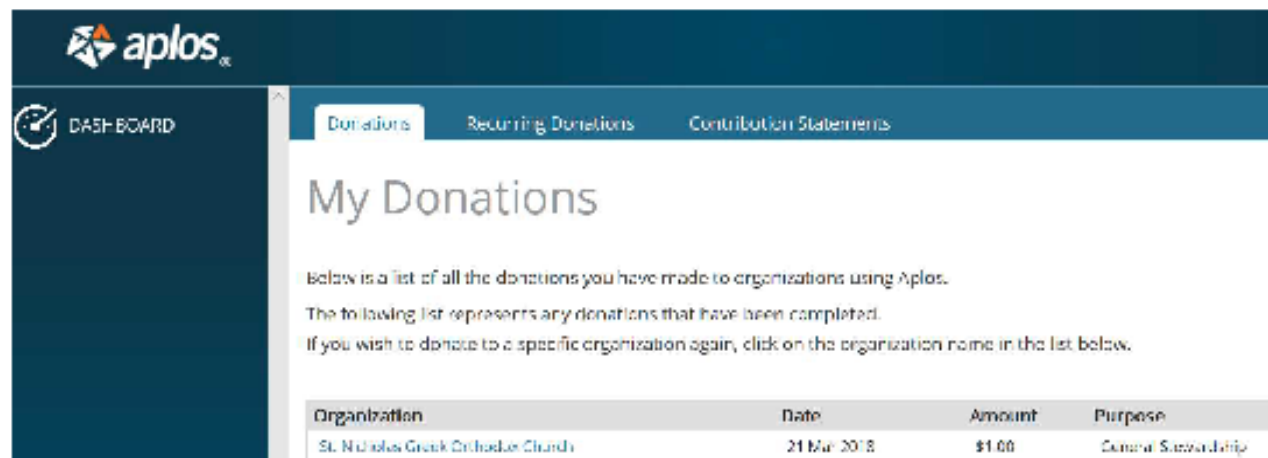
I want parishioners to enjoy greater flexibility in making Church donations and receiving an accounting of their annual to date contributions at any time of the year. Many of you have asked and inquired about the possibility of accounting for your donations automatically on-line. It is now a reality. If you have any problems or questions with this new service, please let me know. As your treasurer, I am here to serve you!

In Christ,

Mark Robinson

### On-Line Contribution Instructions:

- 1) On a computer or mobile device, go to the Church’s website – [www.stnicholastacoma.org](http://www.stnicholastacoma.org)
- 2) Select the  button. This takes you to the Church’s donate page!
- 3) Select the gold colored donate  button at the bottom of the page.
- 4) You will now be taken to the page to make your donation. Simply complete the form.
- 5) From the contributions email you receive, select the link to setup your own Aplos account. An account history page will be available. The first tab will show only on-line donations, the second tab allows accounting for recurring donations, and the third is for contribution statements listing on-line, check, and cash donations.



**OUR MISSION**

St. Nicholas Greek Orthodox Church proclaims and teaches the Gospel in accordance with the Orthodox Faith; sanctifies the faithful through God's grace in worship, the Divine Liturgy, and other sacraments; enhances parishioners' spiritual life; and adds to the faithful by receiving individuals into the Church through instruction, baptism, and/or chrismation.

**COMMIT YOUR TIME AND TALENT TO ASSIST WITH GOD'S WORK**

St. Nicholas has several ministries that exist to fulfill our parish mission and serve our community. Giving of our time and talent through these ministries is just as much an act of stewardship as giving financially. If you would like to contribute your time and talent through one of our ministries, please visit our website to see a list of active ministries: [stnicholastacoma.org/ministry-center](http://stnicholastacoma.org/ministry-center).

**HOW TO RETURN THIS CARD**

**BY MAIL:**

St. Nicholas Greek Orthodox Church  
 Attn: Church Treasurer  
 1523 S. Yakima Ave.  
 Tacoma, WA 98405

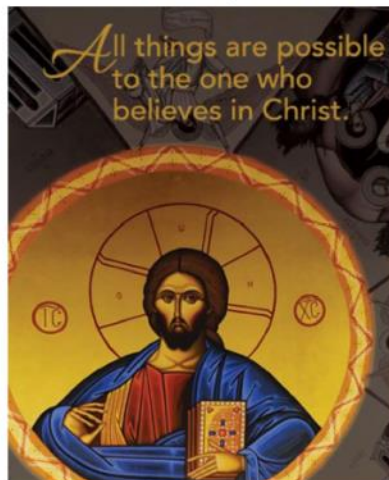
**AT CHURCH:**

Drop your completed card into the secured dropbox on the stewardship table in the downstairs hall.

Stewardship contributions can be fulfilled with cash, check, credit card, or through online donations at [stnicholastacoma.org/donate](http://stnicholastacoma.org/donate). For more information, please visit:

[stnicholastacoma.org/stewardship](http://stnicholastacoma.org/stewardship).

**2023 STEWARDSHIP CARD**  
**ST. NICHOLAS GREEK ORTHODOX CHURCH**  
**TACOMA, WASHINGTON**



*"Stewardship is an opportunity to examine our priorities and values, to express our thankfulness, to give of ourselves, and to grow in grace. It allows us to participate in the work of God. Giving is not a substitute for commitment - it is an expression of our commitment."*  
*Fr. Seraphim Majmudar*

Please PRINT your information clearly

Name (F/M/L): .....  
 DOB (M/D/Y): .....  
 Email: .....  
 Telephone: .....  
 Spouse: .....  
 DOB (M/D/Y): .....  
 Email: .....  
 Telephone: .....

**Household Information**

Address .....  
 City/St/Zip .....

**Dependent Children**

Name (F/M/L)	DOB (m/d/y)	Orthodox
.....	.....	.....(Y/N)
.....	.....	.....(Y/N)
.....	.....	.....(Y/N)
.....	.....	.....(Y/N)

*"Those who seek the Lord shall never want for any good thing." (Psalm 34:10)*

**OUR DONATIONS ARE IN THANKSGIVING TO GOD FOR HIS CONTINUED BLESSINGS GIVEN TO US. OUR DONATION REFLECTS HOW MUCH WE ARE BLESSED AND HOW THANKFUL WE ARE; HOWEVER, WE ARE AWARE THAT GOD EXPECTS US TO GIVE SACRIFICIALLY TO HIS WORK.**

**2023 STEWARDSHIP COMMITMENT**

Stewardship contributions cover all of our parish operating expenses. An average contribution of approximately \$2000/year from each family would enable our parish to meet its operational expenses without depending on Festival revenue.

I/We offer a minimum stewardship pledge of \$...../year or \$...../month in 2023 to support God's work.

I/We understand that by participating in supporting our parish financially and by committing my/our Time and Talents, I/we shall be a member(s) in good standing at St. Nicholas Greek Orthodox Church.

SIGNATURE.....

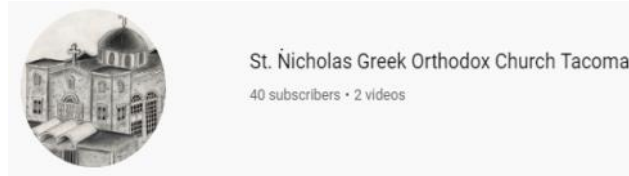
## On Line Services

### Watch Services From Home, Live (it's working again)

Although you might not be able to be at St. Nicholas in person, you can watch services at home from any device capable of connecting to YouTube. This is free and is available for most services. Here's how to do it:

1. First, find the schedule when a service is being broadcast. This is called Live Streaming. Look at the calendar on the previous page, or better, look at the calendar on the St. Nicholas Web page. [www.StNicholasTacoma.org](http://www.StNicholasTacoma.org). There is a Live Streaming link at the church calendar.
2. You can simply click [here](#). If there is a service underway, press the button. You will see and hear the service.
3. Watch on any device. Open **YouTube** (you may have to start a browser like Chrome). In the *YouTube search bar*, type; *St Nicholas Tacoma*

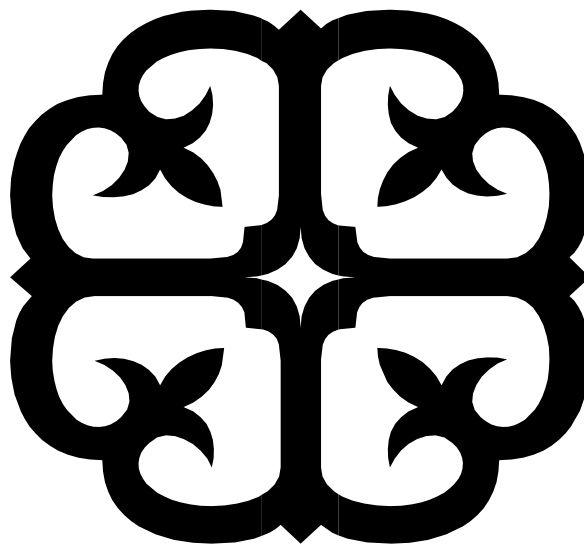
Click on this selection;



If a service is being broadcast, click the **LIVE NOW** button.

4. Some TV's allow direct connection to YouTube. You can connect as above.

*Bill Samaras—*



Saint Nicholas Messenger

St. Nicholas Greek Orthodox Church

1523 S Yakima Ave

Tacoma, WA 98405

*Address Service Requested*

